

Non-Residential Programs  
By County

**Addison County Community Child Care Support Services**

Mary Johnson Children's Center

81 Water Street

P.O. Box 609

Middlebury, VT 05753

**Co-directors:** Barbara Saunders and Illana Snyder

**Phone:** (802) 388-2853, **Fax:** (802) 388-3063, **Web:** <http://www.mjccvt.org>

**Resource specialist:** Amethyst Peaslee (802) 388-4304

**e-mail:** [resource@mjccvt.org](mailto:resource@mjccvt.org)

**Intake Criteria:** must have established service need and meet income guidelines.

Service needs include: employment, self-employment, training or education, seeking employment and family support.

**Program Description:**

**Early Childhood Resource Development Program:** This program provides support, assistance, and training to registered family child care providers and staff from licensed early childhood programs.

**Child Care Referral Program:** This program provides assistance for families needing child care in licensed centers or with registered family child care providers.

**Child Care Subsidy Program:** This program is designed to assist families in meeting their child care costs. There are two separate budgets for which a subsidy can come—fee scale or family support.

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**Addison County Parent & Child Center**

126 Monroe Street

P.O. Box 646

Middlebury, VT 05753

**Phone:** (802) 388-3171 or 800-639-1577, **Fax:** (802) 388-1590, **Web:** [www. Dover.net/~thepcc](http://www. Dover.net/~thepcc)

**Program Description:** provides support and education to families. The core services are parent training, childcare, home visits, playgroups, prevention activities, community development, academic education program, counseling, driver education, transportation, nutrition education, teen parent panels, crisis intervention, CUPS (children's mental health services), parenting classes, parent-support groups, job-readiness training. The focus is on prevention rather than cure.

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**Alcoholics Anonymous**

P.O. Box 366

Middlebury, VT 05753

**Phone:** (802) 388-9284

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**Clara Martin Center**

1483 Lower Plain

Route 5

P.O. Box 278

Bradford, VT 05033

Non-Residential Programs  
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11 Main Street  
P.O. Box G  
Randolph, VT 05060

**Executive Director:** Linda Chambers

**Phone:** (802) 728-4466, **24 hour emergency number:** 1-800-639-6360

**e-mail:** [info@claramartin.org](mailto:info@claramartin.org)

**Web:** <http://www.claramartin.org/>

**Participants:** anyone with or concerned with alcohol or drug problem.

**Program Description:** provides screening, evaluation, counseling, therapy and other referral services for individuals or families with a problem stemming from the use or abuse of alcohol or drugs. Available to anyone who is affected by or concerned about his/her own or another individual's use of alcohol or drugs.

**Access Program and Emergency Services:** provides screening, referrals, walk-in and emergency services to all individuals, couples and families who contact or are referred to the agency. Transitional services are also provided 24 ours a day. Anyone is eligible.

**Adult Outpatient Program:** assessment, individual therapy, family therapy, couples therapy, psychiatric evaluation, medication review and monitoring. Person must be 18 or older, have an axis I or II diagnosis, have some ability to pay for therapy or medication, must live in service delivery area to be eligible for sliding fee scale.

**Alcohol and Other Drug Program:** offers assessment and referral to appropriate level of care, outpatient services such as individual, group, and family therapy, after care services, quitting time—intensive outpatient program, student assistant programs, psychiatric evaluations, medication review and monitoring, psycho-educational groups, facilitating interventions, CRASH, corrections consultant, education, consultation on schools, domestic violence treatment, emergency services and case management. Criteria is determined by ASAM placement criteria.

**Child and Family Program:** offers clinical based, school based and community based counseling, in home family support, parent education, family advocacy, case management, psychiatric evaluations, medication review and monitoring, home school coordination, emotional/behavioral support services to local schools, therapeutic adventure services, access services to care coordination and planning, emergency services, runaway and homeless youth services and respite. All children ages birth to 18 are eligible. Persons 18-22 are eligible as long as they are in school.

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**Counseling Service of Addision County (CSAC)**

89 Main Street  
Middlebury, VT 05753

25 Mountain View Street  
Bristol, VT 05443

20 Army Lane

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Vergennes, VT 05491

Evergreen House  
17 Court Street  
Middlebury, VT 05753

**Phone:**

Middlebury:(802) 388-6751

Bristol: (802) 453-3009

Vergennes: (802) 877-3715

Evergreen house: (802) 388-3468

**Fax:**

Middlebury (802) 388-3108

Evergreen house: (802) 388-0447

**Web:** [www.csac-vt.org](http://www.csac-vt.org)

**Program Description:** a non-profit community mental health and developmental services center committed to philosophy based on appreciated people's strengths, instilling hope, and working with people in the context of their families and community. Children, adolescents, adults with families who are struggling to cope with life's challenges, individuals with developmental disabilities and their families, people with severe and persistent psychiatric illness and people with substance abuse problems are all served. The services available are:

**Youth and family services:** provides therapy to youth and children and their families, in school, office and home settings. Special equestrian and adventure-based and substance abuse treatment are also offered along with youth employment program.

**Adult outpatient services:** individual and group therapy for people dealing with depression, anxiety, stress, substance abuse, relationship problems and other issues. The Employee Assistance Program is available to area employers and their employees.

**Community Rehabilitation and Treatment:** supports people with severe and persistent psychiatric difficulties as they renew their lives within communities.

**Evergreen House:** is a recovery learning center, offering support groups, fellowship, and prevocational skill training.

**Addison County Employment Services (ACES):** provides job counseling and support to these clients.

**Emergency Services:** offered 7 days a week, 24 hours a day to people facing emotional crisis, along with quick response.

**Community Associates:** provides services in every arena of life to individuals with developmental disabilities and their families.

**Employment associates:** works with Addison County businesses to provide employment opportunities for people with developmental disabilities.

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**Red Cedar School**

P.O. Box 393

246 Hardscrabble Road

Non-Residential Programs  
By County

Bristol, VT 05443

**Director:** Jacquie Werner-Gavrin

**Phone:** (802) 453-5413

**Fax:** (802) 453-5412

**e-mail:** [redcedar@wcvt.com](mailto:redcedar@wcvt.com)

**Web:** <http://www.redcedarschool.com>

**Program Description:** Red Cedar School is an independent school serving students from K-12. The school enrolls approximately 30 students and the faculty consists of 6 core teachers and 3 specialty teachers. The classroom population is small. Grades are not given but each student receives a written narrative evaluation from the teacher for each course they take.

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**Specialized Community Care, Inc.**

16 Orchard Terrace Park

P.O. Box 578

East Middlebury, VT 05740

**Executive Director:** Ray Hathaway

**Phone:** (802) 388-6388, **Fax:** (802) 388-6704, **e-mail:** [sccvt@sovernet.net](mailto:sccvt@sovernet.net)

**Intake Criteria:** referral from agency

**Participants:** Children with challenging developmental disorders

**Program Description:** Provides developmental services. Each program is individually designed to each child's needs. Must have agency referral. Very small.

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**Substance Abuse Prevention**

700 Exchange Street

Middlebury, VT 05753

**Administrator:** Adrienne Cohen

**Phone:** (802) 388-4678, **Fax:** (802) 388-5752, **e-mail:** [acohen@vdh.state.vt.us](mailto:acohen@vdh.state.vt.us)

**Web:** [www.state.vt.us/adap/prevention/VermontPreventionCoalitions.aspx](http://www.state.vt.us/adap/prevention/VermontPreventionCoalitions.aspx)

**Program Description:** Presentations & Trainings, Program Planning & Consultation  
Community Grants, Community Organization, Information & Referral

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**Alcohol and Drug Abuse Program (ADAP)**

200 Veterans Memorial Drive

Bennington, VT 05201

**Administrator:** Judith Fellows

**Phone:** (802) 442-3929, **e-mail:** [jfellows@vdh.state.vt.us](mailto:jfellows@vdh.state.vt.us)

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**Bennington County Child Care Association**

P.O. Box 829

226 Union Street

Bennington, VT 05201

**Administrator:** Lori Pinsonneault

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**Phone:** (802) 447-3778, **Fax** (802) 447-6487, **e-mail:** [info@bccca.net](mailto:info@bccca.net)  
**Web:** [www.bccca.net](http://www.bccca.net)

**Intake Criteria:** must have established service need and meet income guidelines. Service needs include: employment, self-employment, training or education, seeking employment and family support.

**Program Description:** Child care resource and referral help parents fill out paperwork for subsidies.

**Early Childhood resource development program:** this program provides support, assistance, and training to registered family child care providers and staff from licensed early childhood programs.

**Child Care Referral Program:** this program provides assistance for families needing child care in licensed centers or with registered family child care providers.

**Child Care Subsidy Program:** this program is designed to assist families in meeting their child care costs. There are two separate budgets for which a subsidy can come—fee scale or family support.

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### **Burr & Burton Academy**

P.O. Box 498  
57 Seminary Ave.  
Manchester, VT 05254

**Director of Admission and Guidance:** Philip Anton

**Phone:** (802) 362-1775, **Fax:** (802) 362-0574, **e-mail:** [panton@burrburton.org](mailto:panton@burrburton.org)

**Web:** [www.burrburton.org](http://www.burrburton.org)

**Intake Criteria:** admission process, lives in district, taken prerequisite courses

**Program Description:** This is a Vermont State Department of Education accredited independent, nonsectarian, coeducational day school for Manchester, Dorset and several surrounding communities. It does accept some out of district students on an application basis. The student/faculty ratio is 10:1 and the average class size is 19 in the core subjects. There are numerous options including 21 varsity athletic, musical and dramatic presentations, student government and leadership and service opportunities. There are exchange programs overseas and this school works closely with the Close-Up program in Washington D.C.

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### **Family, Infant, & Toddler Project**

Southwest Vermont Medical Center  
100 Hospital Drive East  
Bennington, VT 05201

**Administrator:** Kathy Riley

**Phone:** (802) 447-2768, **Fax:** (802) 442-8331

**Program Description:** provides regional early intervention services to families with children birth to age three who have a delay in development or a medical/genetic

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condition with a high probability of developmental delay. Services are provided in a setting of family choice (home, childcare, physicians office, playgroup.) families are connected with the support and resources needed to meet their child's unique needs through the development of an individualized family service plan (IFSP).

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### **Great Expectations**

P.O. Box 758

No. Bennington, VT 05257

**Administrator:** Maryann Moriarty

**Phone:** (802) 447-1557, **Fax:** (802) 362-1290

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### **Long Trail School**

1045 Kirby Hollow Rd.

Dorset, VT 05251

**Administrator:** David Wilson

**Phone:** (802) 867-5717, **Fax:** (802) 867-0147, **e-mail:** [its@longtrailschool.org](mailto:its@longtrailschool.org)

**Web:** [www.longtrailschool.org](http://www.longtrailschool.org),

**Program Description:** Long Trail is an independent school with small classes and an emphasis on preparing students for college. It has a rotating daily schedule so no day is “typical” at Long Trail. Students meet with faculty and meet three times a week for a morning meeting which is where students and faculty present new topics, do performances and celebrations of achievement. Long Trail works with students with learning disabilities. It offers individualized programs at the “Maidi Miles Learning Center” to assist students who need extra help in reading, math, language, test taking and other skills. Long Trail offers varsity teams in soccer, skiing, snowboarding, rock climbing, softball, and skiing. Long Trail helps students choose which college they want to attend and helps with the application process.

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### **Sunrise Family Resource Group**

238 & 244 Union Street

P.O. Box 1517

Bennington, VT 05201

**Administrator:** Linda Dean-Farrar

**Phone:** (802) 442-6934, **Fax:** (802) 442-1663, **e-mail:** [sfrc@adelphia.net](mailto:sfrc@adelphia.net)

**Program Description:** Sunrise offers a broad range of educational and support services to families of Bennington County and surrounding areas—all designed to promote lifelong learning, healthy growth and development. Many of the programs Sunrise sponsors are available to all families within the Bennington County, others are tailored to families with particular concerns.

**Play groups:** for young children and their parents

**Parent education:** includes courses, workshops, book groups, and individualized instructions to parents.

**Family support:** includes supportive groups, home visits, resource referrals services.

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**Early care and education:** for young children.

**Community partnership:** a variety of agencies, schools and other groups give Sunrise Staff the opportunity to work with others in developing and improving the support services available to families.

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**The Tutorial Center**

208 Pleasant Street  
Bennington, VT 05201

3592 Richville Road,  
Suite 1

P.O. Box 1434

Manchester Center, VT 05255

**Administrator:** Jack Glade and Barb Croft

**Phone:** Bennington:(802) 447-0111 Manchester Center: (802) 362-0222

**Fax:** Bennington: (802) 447-7607 Manchester Center: (802) 362-0707

**e-mail:** Bennington: [tutorial@sover.net](mailto:tutorial@sover.net) Manchester Center: [Literacy@sover.net](mailto:Literacy@sover.net)

**Program Description:** The tutorial center is a private, non-profit organization established to provide educational alternatives for adults and children. The programs are:  
**Adult Basic Education (ABE):** classes are free, basic skills are taught in small student oriented classes, this prepares children/adults for the GED exam, and offers the opportunity to earn a high school diploma through the Vermont Adult Diploma Program, it prepares for the written part of the commercial driver's license exam or learner's permit test.

**GED Testing:** an alternative credential to a high school diploma, it is given twice each month. The testing fee is \$50.00. Pre-registration is required.

**Summer Programs:** for students in grades 1-6

**Individual tutorials:** after school tutoring for students of all ages, individualized sessions in most subject areas, sliding scale fee, private tutoring to make-up high school credit, individualized educational services available for students who require an alternative to a traditional school setting

**English as a second language (ESL):** for speakers of other languages to improve conversation, reading and writing skills

**Other educational programs:** there are many programs available such as: introductory computer classes, building links—a family literacy program, Vermont Homeroom—a comprehensive educational/lifestyles program designed for reach-up participants, Teen-Parent Education program—helps parenting teens in a variety of educational settings obtain their high school diploma or GED, Examination Proctoring and GED pre-testing, Preparation for drivers license and permit exam, Vermont Adult Diploma Assessor

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**United Service of Bennington County**

**Web:** [www.ucsvt.org](http://www.ucsvt.org)

P.O. Box 588

1 Ledge Hill Drive

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Bennington, VT 05201

**Executive Director:** Ralph Provenza

**Phone:** (802) 442-5491, **Fax:** (802) 442-3363,

**Program Description:**

Provides children's services, adult mental health outpatient, community rehabilitation and treatment, emergency services, developmental services, and substance abuse services.

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**Alcohol and Drug Abuse Program (ADAP)**

**Web:** [www.healthyvermonters.info](http://www.healthyvermonters.info)

67 Eastern Ave,

Suite 2

St. Johnsbury, VT 05819

**Administrator:** Richard Taylor

**Phone:** (802) 748-5550

**Fax:** (802) 751-3229

**e-mail:** [rtaylor@vdh.state.vt.us](mailto:rtaylor@vdh.state.vt.us)

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**Cornerstone School**

510 Portland Street

St. Johnsbury, VT 05819

**Phone:** 802-748-6282 **Fax:** 802-748-5212

**Web:** [http://nafi.com/program\\_detail.htm?id=68](http://nafi.com/program_detail.htm?id=68)

**E-mail:** [jennaofarrell@nafi.com](mailto:jennaofarrell@nafi.com)

**Program Description:** Cornerstone School is an independent, day facility providing educational, therapeutic and reintegration services for up to 35 male and female students in grades 2 – 12. Accepted students are in need of specialized services in a self-contained classroom due to academic and emotional difficulties which interfere with their ability to function in the traditional school environment. Cornerstone serves students with emotional disabilities, learning impairment, specific learning disabilities, other health impairment and developmental disabilities. Services include comprehensive clinical assessment, psychiatry, educational testing, academic instruction, vocational services and consultation to local schools. The mission of the school is to build a safe, trusting and responsible community in which students are encouraged to take risks, rise to challenges, fulfill expectations and support each other.

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**Alcoholics Anonymous**

*Chittenden County*

**Phone:** (802) 860-8382, **Web:** <http://www.aavt.org/>

**Program Description:** The Preamble of Alcoholics Anonymous: "Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop



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drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety."

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**Bellcate School**

Web: <http://www.bellcate.com/>

1 Corporate Drive  
Essex, VT 05452

Contact: Jesse Bell, Joshua Cate; phone # 802 878-7603; Jesse's cell: 802-578-8436

Bellcate South: 802-287-2411, Email: [bellcate@yahoo.com](mailto:bellcate@yahoo.com)

There are three stages of the Bellcate therapeutic model. Each stage provides guidance for the teacher on how to interact with the students. The overall therapeutic goal for a student is to move through each stage becoming increasingly self-directed. Bellcate uses the same theory as DBT.

This therapeutic approach has been very successful with many students for whom traditional approaches have failed. This therapeutic sequence is the heart of the Bellcate program.

Some students are served outside this model due to mental illness, cognitive or language limitations, or other individualized reasons.

These stages are designed to assist students in learning how to change behaviors that they come to recognize do not benefit them.

Exploration stage –To establish rapport and to build trust with students and where students open up but it's all done in a very thoughtful manner. The primary role for staff is to listen well to the student and hear their perspective deeply without judgment. Allows for mutual respect and trust to develop.

Teachers will balance successes with challenges. Challenging, successful experiences can actually build self-esteem, joy, and the confidence that will be needed in the next therapeutic stages and in life.

Lack of self-esteem often comes from a lack of successful experiences.

Students begin to become more responsible to others as well as themselves and a need for achievement is developed, (balance) where self-esteem is the next step to achieve and trust can begin.

Understanding Stage – The overall goal for the understanding stage of the therapeutic process is to help the student create new insights and understandings through

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mindfulness. Staff will present alternative perspectives to students to help create possibilities for new insights or understandings.

Challenge – at this stage along with listening to the student’s perspective teachers add their own perspective or the perspective of others and begin to challenge what students are saying in areas that might need to be changed.

Teachers should begin to note discrepancies and contradictions that a student’s thoughts, works, or actions present avoiding sarcasm and other judgmental words or tones but being very factual matter of fact and humorous. You are not giving advice or suggestions; you are giving neutral information.

At this stage, it is an opportunity for staff to teach the student what to do instead. Staff challenge student’s thinking to consider alternatives. In this stage, you’re planting the seeds of change that will be harvested in the Action stage.

Action Stage – The goal of the action stage is for the student to take action and to utilize some new ways of thinking and acting discovered in the Understanding Stage. Students are expected to learn the change process; make commitments to action; develop needed skills; give and receive feedback about the process, their progress and their feelings.

Students begin to see what they might want to change and are beginning to see the negative consequences of the behavior working toward their goal.

Plans are created by the student with steps on what needs to take place in order for the change to happen. Self-evaluations happen. As William Glasser said, “the only true evaluation is self-evaluation.”

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### **Bellwether School**

1186 S. Brownell Rd.  
Williston, VT 05495

**Web:** [www.bellwetherschool.org](http://www.bellwetherschool.org)

**Co-directors:** Debbie Millon and Stacy Weinberger  
[info@bellwetherschool.org](mailto:info@bellwetherschool.org)

**Participants:** children ages 3 to 12, preschool through 6<sup>th</sup> grade.

**Education Leader:** Marta Beede

**Phone:** (802) 863-4839,

**Program Description:** Bellwether school views education from a holistic perspective. The goal is a deep felt sense of connection to both the natural world and the human community. Self-understanding is very important. The atmosphere of respect and peacefulness in the classroom is promoted by the teachers. Respect and empathy for people and the natural environment are taught. The elements of the day are: explore time, morning meeting, and reflection meeting, outside time, read aloud, quiet time and finally afternoon workshops.

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**Burlington Housing Authority**

**Web:** <http://www.burlingtonhousing.org/>

65 Main Street

Burlington, VT 05401

**Executive Director:** Paul Dettman

**Phone:** (802) 864-0538, **Fax:** (802) 658-1286,

**Program Description:** BHA manages over 500 apartments in Burlington in which families pay approximately 30% of their income for rent. To apply for the apartments, you need to complete a Preliminary Application for Housing/Rental Assistance.

BHA provides rental assistance to over 1,700 households through the Section 8 Housing Choice Voucher Program. The Voucher program includes both tenant-based and project-based assistance.

**Section 8 Tenant-based Assistance Program:** you find an apartment which meets your needs. If the landlord agrees to participate in the program, the rent is reasonable and the apartment meets HUD Housing Quality Standards, BHA pays a portion of the rent directly to the landlord. You pay the balance of the rent and your utility costs. Most participants pay between 30% and no more than 40% of their income for rent and utilities.

**Section 8 Homeownership Program :** works much like the Section 8 Rental Assistance Program except that the subsidy you receive is applied toward the mortgage on your own home rather than towards a rent payment on a home or apartment you lease. To be eligible for the Homeownership Program, you must meet the following criteria:

**NeighborWorks HomeOwnership Center.** When you are determined to be mortgage ready, you can seek financing at the lender of your choice. Once you are pre-approved for a mortgage, you can begin shopping for a home. After you have found a home in your price range, had it inspected and met BHA and financing requirements, you can close on your home. BHA will make a subsidy payment directly to your lender towards your mortgage each month

**The Family Self Sufficiency Program (FSS):** The program is designed to give you the tools you need to create self-sufficiency goals and follow them through. FSS offers you:

Career counseling: where FSS will help you find a job and improve your marketability.  
FSS escrow account: you become eligible for this when you are a FSS participant and your rent rises due to increased wage income. Resources: such as one-on-one credit or budgeting counseling.

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**Burlington Technical Center**

52 Institute Road

Burlington, VT 05401

**Web:** [www.burlingtontech.org](http://www.burlingtontech.org)

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**Intake Criteria:** priority given to juniors

**Participants:** high school students

**Executive Director:** Mark Aliquo

**Phone:** (802) 864-8436,

**Program Description:** This program serves the following high schools: BFA-Fairfax, Burlington High School, Champlain Valley High School, Colchester High School, Essex High School, Milton High School, Mt. Mansfield High School, Rice Memorial high School, South Burlington High School and Winooski High School. The technical center provides program that reflect current needs of students. It provides equal education opportunities to all students including non-traditional, disabled, economically disadvantaged, educationally disadvantaged and those with limited proficiency. Students on IEP or 504 plans should meet with the BTC coordinator prior to application to discuss program competencies, requirements and expectations. Students on IEP or 504 must call 864-8423

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### Casey Family Services

46 Main Street

Suite 1A

Winooski, VT 05404-2242

**Web:** <http://www.caseyfamilyservices.org/index.php/ourdivisions/vermont/>

**Division Director:** Nita Lescher

**Phone:** 802-655-6688, 800-244-1408

**Email:** [vermont@caseyfamilyservices.org](mailto:vermont@caseyfamilyservices.org)

**Program Description:** Casey Family Services is a fully licensed and accredited private, nonprofit child welfare agency providing a broad range of programs to meet the changing needs of children and families. Casey family services offers foster care services and support throughout the northeast and in Maryland. The program is part of a comprehensive continuum of permanency services including family preservation, family reunification and pre/post-adoptive services.

**Family advocacy & support services**—designed to assist families who are experiencing difficulties that could either lead to family disruption or serve as a barrier to reunification. This program works with families and children under 18. This program offers consultation with families, providers and teams, coordinating existing services, connecting families with other services or agencies, short term individual or family counseling, advocating on behalf of families with DCF, schools, mental health and other agencies, developing concrete goals and providing a wide range of direct services. Contact Brian Southworth at 1-800-244-1408 ext. 704.

**Post adoption services**—deals with issues such as parenting special needs children, birth family issues, developmental stages of children, adolescents transitioning to young adulthood, school issues, training on adoption and attachment issues. Contact Sharon Goedkoop at 1-800-607-1400 or 1 (802) 649-1400.

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### Centerpoint

1025 Airport Drive

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By County

South Burlington VT 05403

81 West Canal Street  
Winooski VT 05404

42 Airport Road  
South Burlington, VT 05403

Web: [www.centerpointservices.org](http://www.centerpointservices.org)

**Phone:** (802) 658-7711 **Fax:** (802) 488-7732

**e-mail:** information@centerpointservices.org

**Intake Criteria:** it varies depending on the program.

**Participants:** children with emotional, behavioral, mental health, or special learning needs.

**Administrative Director:** Mitch Barron

**Program Description:**

**Substance Abuse & Mental Health Services--** Centerpoint provides a range of treatment options for teens and families struggling with substance abuse and other mental health issues. These services include: assessment and evaluation; individual and family outpatient counseling; group therapy; intensive outpatient (IOP) treatment; gender specific treatment services, short term residential treatment and stabilization services (in collaboration with NFI hospital Diversion), case management and service coordination; and, drug testing. Centerpoint also provides substance abuse prevention and treatment services within local schools and provides on-site services in emergency treatment and juvenile justice programs within the community. Centerpoint takes referrals from families, schools, other service providers, residential treatment programs, hospitals, juvenile corrections, state social services and from youths themselves.

**Drug testing—**Many teens use drug testing to support their abstinence and resistance to the pressure to abuse. Centerpoint's confidential drug testing allows youth to be in compliance with court orders or school policies when they are found in violation due to a drug/alcohol related offense. Drug tests are best used to support treatment team plans for teens receiving substance or mental health counseling. Centerpoint tests for: marijuana, alcohol, cocaine, ecstasy, amphetamines and stimulants such as speed, barbiturates, including "downers" and sleeping pills, opiates such as heroin, opium and percocets, benzodiazepines, including valium and klonopin and propoxyphene and narcotics such as darvon and dilaudid. The out of pocket cost is \$25.00 or it may be covered by private insurances, state and federal programs and school districts. .

**Centerpoint School—**for students with emotional, behavioral, mental health or special learning needs. Centerpoint students receive credit toward graduation because Centerpoint is a state-approved independent school. Through a daily program of academic classes, treatment groups, learning initiatives, therapeutic recreational activities, field trips & special events, vocational & community-based programming, family support and coordinated case management, the Centerpoint School provides an alternative educational experience to help students build skills in the areas of:

- Emotional & behavioral management and self-control
- Problem-solving and decision making

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Healthy teen and adult relationships

Positive social skills and communications

Centerpoint school addresses: Academic accommodations for attention difficulties, learning disabilities and mild learning impairment, depression, anxiety and other mood disorders, opposition, defiance, conduct disorders, family communication and conflict and finally substance abuse.

**Centerpoint Stepping Stones**—is an individualized day treatment service for high needs students struggling with severe emotional, behavioral, mental health, or learning challenges. Referrals to stepping stones are coordinated through a student’s special education program with tuition provided by the sending district. Stepping stones works with students who:

Have experienced repeated school failure or conflict

Are unable to establish or maintain healthy peer relationships

Have not demonstrated success in working in small groups

Are hands-on learners requiring highly accommodated experiences.

**Summer program**—for students with emotional, behavioral, mental health, or special learning needs. There is a daily plan of learning initiatives & recreational activities, field trips & treks, community based programming, tutoring and coordinated treatment services. This six week program helps teens build skills in the area of: emotional and behavioral control, problem-solving and decision making, healthy teen and adult relationships, positive social skills and communication.

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### **Champlain Valley Area of Narcotics Anonymous**

P.O. Box 64714

Burlington, VT 05406-4714

**Web:** [www.cvana.org](http://www.cvana.org)

**Intake Criteria:** all meetings are open to anyone.

**Participants:** anyone with a narcotic problem

**Phone :** (802) 862-4516, **Email:** [CVANA Public Information](#),

#### **Program Description:**

Membership is open to all drug addicts, regardless of the particular drug or combination of drugs used. When adapting AA’s First Step, the word “addiction” was substituted for “alcohol,” thus removing drug-specific language and reflecting the “disease concept” of addiction.

Narcotics Anonymous provides a recovery process and support network inextricably linked together. One of the keys to NA’s success is the therapeutic value of addicts working with other addicts. Members share their successes and challenges in overcoming active addiction and living drug-free productive lives through the application of the principles contained within the Twelve Steps and Twelve Traditions of NA. These principles are the core of the Narcotics Anonymous recovery program. Principles incorporated within the steps include:

- admitting there is a problem;
- seeking help;
- engaging in a thorough self-examination;

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By County

- confidential self-disclosure; making amends for harm done; and helping other drug addicts who want to recover.

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**Champlain Valley Office of Economic Opportunity (CVOEO)**

PO Box 1603,  
Burlington VT, 05402

**Intake Criteria:**

**Participants:**

**Phone:** (802) 862-2771 or 1-800-287-7971 (Voice/TDD)

**Fax:** (802) 660-3454, **Web:** <http://www.cvoeo.org/>

**Program Description:** CVOEO serves primarily the northwestern corner of the state-- Franklin, Grand Isle, Chittenden, and Addison Counties. The three Coordinated Statewide Housing Services programs of CVOEO (the Fair Housing Project, the Mobile Home Project, and Vermont Tenants, Inc.) serve residents statewide.

**Landlord-Tenant Inc.:** VTI designs and conducts workshops on residential rental housing laws, codes and code enforcement, fair housing laws, etc. Our workshops are custom designed to meet the particular needs of participating groups. VTI has provided training for a large variety of groups and organizations such as: 1 Tenant Organizations 1 Colleges 1 Social Service Organizations 1 ESL Classes 1 Law Enforcement Professionals. VTI produces, publishes and distributes the widely used handbook, "*Renting in Vermont*". This handbook provides a comprehensive summary of Vermont's Landlord-Tenant laws. This material is presented in a straight forward and easy to understand style that is friendly.

**Mobile Home Project:** The MHP helps mobile home park residents and non-park owner/occupants of mobile homes, to individually and collectively achieve and maintain affordability and a greater degree of control over housing situations and mobile home park conditions. They achieve these goals through park resident organizing; education for individuals, groups and the general public regarding the rights and responsibilities of park residents and park owners; publicly promoting the positive value of mobile home ownership as an affordable housing option; and through providing professional housing counseling services. *The Mobile Home Project does not offer monetary assistance.*  
Contact Associate Director: Tim Ashe: (802) 660-3451 ext. 107

**Fair Housing Project:** The Fair Housing Project (FHP) is a program of the Statewide Housing Services division of the Champlain Valley Office of Economic Opportunity (CVOEO), a non-profit community action agency. The FHP works to eradicate housing discrimination in Vermont through education, outreach, and enforcement of fair housing laws. The FHP assists victims of discrimination, investigates complaints, and works with attorneys to pursue litigation when necessary.

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**Champlain Vocational Services**

512 Troy Avenue, Suite 1  
Fort Ethan Allen

Non-Residential Programs  
By County

Colchester, VT 05446

**Participants:** people with developmental disabilities

**Executive Director:** Kelley Homiller

**Phone:** (802) 655-0511, **Fax:** (802) 655-5207. **Web:** [www.cvsvt.org](http://www.cvsvt.org),

**e-mail:** [staff@cvsvt.org](mailto:staff@cvsvt.org)

**Program Description:** CVS works closely with individuals with disabilities and their families in learning new life skills, achieving health goals, broadening one's social circle. CVS provides developmental services, vocational and case management services.

**School/transitional services**—maximizes the education both socially and academically. CVS assists students in these ways:

**Individualized community based school programs**—to address the special interests or challenges of the student.

**Specialized vocational support**—so the student can achieve paid employment prior to graduation.

**Consultation at IEP meetings**—to implement personalized transition plans that propel students toward success and independence in adulthood.

**Personalized community support**—that introduce students to typical adult vocational, leisure and social activities.

**Residential services**—provides housing options that are safe, secure, and provide the level of support that is needed to foster independence, integrity, and personal growth.

**Employment services**—**Way-2-Work Program**—helps people with developmental disabilities find paid employment that is meaningful to them, valuable to their employer and inclusive in the community.

**Self advocacy and community services**—self advocacy group meets on a weekly basis to discover their personal strengths and interests, problem solve challenges and mentor high school students.

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## Child Care Resources

181 Commerce Street

Williston, VT 05495

**Participants:** parents needing childcare

**Phone:** (800) 339-3367 or (802) 863-3367, **Fax:** (802) 863-4202

**Web:** [www.childcareresource.org/](http://www.childcareresource.org/), **e-mail:** [referral@childcareresource.org](mailto:referral@childcareresource.org)

**Program Description:** a non-profit resource to help parents find child care services in Chittenden County, CCR manages the State of Vermont's Child Care Subsidy Program that helps families pay for child care expenses. Families qualify for this program based upon family size and gross income. Payments are made directly to the child care provider by the state.

In addition to meeting certain income guidelines, families must have an established service need (a reason to need child care) in order to qualify. Reasons are but not limited to employment, self-employment, training or education or seeking employment, medical incapacity, and family support.



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### **DayOne**

Fletcher Allen Health Care  
56 W Twin Oaks Terrace  
Ste. # 6

South Burlington, VT 05403

**Intake Criteria:** must have alcohol & drug abuse problems

**Participants:** adults (age 18 and above) with alcohol & drug abuse problems.

**Administrative Director:** Beth Robbins, M.A., Psy.D.

**Phone:** (802) 847-3333, **Fax:** (802) 847-1424,

**Web:** [www.fahc.org](http://www.fahc.org)

**Program Description:** The DayOne program is the Fletcher Allen Health Care outpatient clinic for substance use disorders. It provides:  
Outpatient services with a concentration on group therapy which includes cognitive behavioral therapy. This emphasizes problem-solving, identifying unhelpful thoughts and teaching people to think more constructively.  
Intensive outpatient program is offered from 2-5 days per week.  
Consultations to other FAHC hospital programs are available upon request.  
Referral services to adjunct or residential services  
Educational services and assistance to other FAHC departments or agencies.  
Family counseling for up to 2 years of aftercare.

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### **The Gailer School**

4066 Shelburne Road  
Shelburne, Vermont 05482

**Head of School:** Ted Graf

**Director of Admissions:** Elaine Anderson

**Phone:** (802) 385-3007, **Fax:** (802) 985-2504

**Web:** [www.gailer.org](http://www.gailer.org), **e-mail:** [tedg@gailer.org](mailto:tedg@gailer.org)

**Program Description:** Gailer School is an independent innovative college preparatory school serving students grade 7-12. 100% of the students go on to a four year college. Child has to go through the admissions procedure. Upon acceptance a \$1,000 deposit is submitted which is applied towards tuition. Tuition is \$15,360 per year and each family is required to buy insurance for \$538 and \$20 for student accident insurance.

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### **The Howard Center for Human Services**

208 Flynn Ave. Suite 3J  
Burlington, VT 05401

**Intake Criteria:** crisis

**Participants:** Children, families and individuals with mental illnesses, developmental disabilities and children with emotional disturbances.

**Director:** Todd Centybear

**Phone:** (802) 660-3678, **Fax:** (802) 660-3665

**Website:** [www.howardcenter.org](http://www.howardcenter.org), **E-mail:** [kellye@howardcenter.org](mailto:kellye@howardcenter.org)

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**Program Description:**

**The Baird Center for Children and Families- (802) 863-1326.** The outpatient team is made up of 30 + Master's level clinicians and two-thirds are VT licensed practitioners. The outpatient program provides services for individual, play, family, couples and group therapy. Children. Adolescents, families, parents, grandparents and caregivers. Individuals or families coping with an acute or situational stress, symptoms impacting healthy daily functioning, limited supports to promote behavioral or psycho educational changes, or self care, a need for continued medication monitoring to assist prescribing practitioner, a desire to meet specific therapeutic goals. The outpatient team has expertise in: child and adolescent mental health problems, trauma issues including physical and sexual abuse, attachment issues, GLBTQ affirming, parent-child relations and behavior management, family transitions, parents with medical, mental health or substance abuse problems, anger management, self-esteem issues. Most insurances are accepted or a sliding scale fee is determined.

**First call for children and families**—provides services for children, adolescents and their families. 24 hour services, 7 days a week. Short term , intensive intervention, focusing on problem solving and goal setting with family involvement and linkage with community services and support.

**Counseling services**—provides services for children, youths and their families. Individual, family or group therapy is strength based and solution-oriented.

**Adolescent substance abuse services**—provided through Centerpoint program and include the turning point screening program, substance abuse assessments, outpatient therapy, and intensive outpatient therapy.

**School services**—provides social work, substance abuse and mental health services to students and families. Includes case management, family out-reach, consultation, crisis intervention, counseling, staff training and parent education. Provides alternative educational environments for children and adolescents through four separate programs. Services include intensive special education, therapeutic behavioral intervention, treatment psychiatric/psychological consultation, pros-social training and family work

**The Baird school**—grades 1-8, ages 6-14

**The Garvin School**—grades 7-10, ages 12-16

**Centerpoint School**—grades 7-12, ages 12-18

**CP Stepping Stones**—grades 7-12, ages 12-21

**Intensive family support services**—includes case management, therapy, support and services coordination in the home and community. Children's respite in which trained respite providers care for children with serious emotional challenges and lend support by affording parents intervals of rest from the day-to-day stress they encounter. In home crisis intervention and stabilization, counseling, parenting skills instruction and advocacy and case coordination services are provided.

**Day treatment and special education services**—are provided to students ages 6-16. services include intensive special education, therapeutic behavioral intervention and treatment, pro-social skills training and family work.

**Residential Services**—four different programs.

**Acute residential emergency beds** provide crisis stabilization, assessment, and short term treatment for children experiencing psychiatric or situational crisis.

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**Residential treatments** provides longer-term intensive treatment and special education services for children ages 8-14.

**Care homes** are community-based, family style homes providing case management, community school integration and individual, group and family therapy.

**77 Park Street** is a 14 bed facility in Rutland for adolescent males who have committed sexual offenses. The program provides intensive treatment that addresses relapse prevention.

**Pine street child care center**—is a 10 hour, 5 day per week developmental individualized, family-centered child care center for 65 children ages 6 weeks to 5 years. Children are encouraged to discover their own capabilities through creativity, questioning, exploration, and experimentation. PSCCC is accredited by the National Association for the Education of Young Children.

**Volunteer services**—are provided through the community friends program. Matches are made between children experiencing emotional difficulty and volunteers able to devote time and share their friendship on a weekly basis.

**Autism spectrum program**—(802)863-1326. two distinct components:  
Intensive services for children 3-7 using discrete trial learning as a primary intervention.  
Intensive individualized supports for school-age children with autism.

**Champlain Drug & Alcohol Services**—(802)654-1067. provides drug and alcohol counseling and therapy, education, prevention, intervention, outpatient and intensive outpatient treatment and residential support services.

**Outpatient treatment/intervention/prevention services**—provide individual, group and family counseling and therapy as well as information and referral for children, adolescents, and adults. Education programs provide presentations and programming assistance to a variety of schools, businesses, groups and organizations. Evaluation services provide substance abuse assessments and pre-screening for residential placement.

**Intensive outpatient programming**—for adults provides a coordinated and individualized daily program of clinical services. For individuals with significant substance abuse, mental health, and correctional issues.

**The co-occurring disorders treatment program (CODTP)**—7 days a week intensive and coordinated individual and group case management, counseling, therapy and community based support services.

**Alcohol crisis services**—24 hour a day screening and referral or shelter for persons incapacitated by alcohol.

**Transitional and primary care residential services**—available through the BRIDGE program in Chittenden county.

**Drinking/driving screening & project CRASH**—provides the screening process and referral following license suspension resulting with drinking and driving conviction. CRASH schools provide a structured month to month long course featuring lectures, films and group discussions.

**Outreach and consultation on correctional, needle use and homeless health issues**—assist organizations and individuals in developing their own alcohol and drug programs. Community outreach services are available for the homeless population and needle users. Staff and programming are also available for adult and juvenile correctional services.

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**Clinical training services**—annual training program for professionals.

**Community Counseling & Support Programs**—(802) 863-2400. people experiencing the effects of acute or severe emotional distress including mental illness.

**Clinical and case management programs**—provide community based support and advocacy services, assistance in gaining access to other community resources, medication services and individual and group therapy. Special outreach programs are available for those in our community who are homeless.

**Westview house**—social rehabilitation clubhouse program provides members with the opportunity to meet and work in pleasant surroundings, prepare and share meals and develop social skills. The program includes pre-vocational services as well as job placement and support activities.

**Residential and housing programs**—include group living situations that provide therapeutic and life skills services, specialized supported living with staffing, homeless shelter services and the supported independent living program that provides counseling, education, advocacy and practical assistance to consumers who are living independently and to those who are working toward that goal.

**Adult counseling services**—for individuals seeking treatment for personal emotional needs. Clinicians provide counseling, psychotherapy, and clinical consultation to Chittenden county residents at 18 and older. Strict confidentiality.

**Employee assistance program (EAP)**—for individuals seeking treatment for personal emotional needs. Provides services to VT employers to reduce job loss due to the effects of personal problems, improve medical health of employees and their families and assist organizations in managing the human and financial costs of mental health problems.

**Crisis services of Chittenden county**—in collaboration with FAHC offers short term treatment until the crisis resolved and offers referrals for longer term treatment when necessary. Services available 24 hours a day 7 days a week.

**ASSIST program**—provides short term residential community-based crisis stabilization and screening.

**Howard Community Services**—human services. Programs for people with developmental disabilities.

**Residential services**—supported apartment living ranges from a paid roommate model to independent living with regular visits with staff. In a shared living arrangement, an individual shares a home with a family, couple or single person in community.

**Family services**—include a respite program which provides temporary support to families by assisting with in home and out of home care.

**Vocational services**—provide supported employment services to individuals seeking competitive employment. Services include individual assessment, career planning, job development, training, support and follow up.

**Community inclusion supports**—community inclusive activities, socialization and educational opportunities designed to assist individuals in becoming members of community.

**Services coordination**—supports fostering natural relationships, assisting individuals in developing and increasing their independence and keeping families intact. Services include advocacy, coordination of supports, building relationships in community,

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assisting with medical needs, working with government agencies to maintain all benefits and entitlements.

**Support services**—services to support individual in transition, to locate and access community resources and to meet long term support needs.

**Transition services**—services for individuals and families dealing with challenging transitions or emotional adjustment issues. Clinical services include: referral for diagnostic and treatment purposes, psychiatric consultation, counseling and interdisciplinary team support.

**Crisis services**—available 24 hours a day to consumers of Howard Community services, as well as to residents of Chittenden county who are eligible but not currently receiving support through this agency.

**First Call for Children & Families—(802) 864-7777 (crisis services)**—children crisis service are available 24 hours a day/7 days a week. Anyone may call first call if they are concerned about the child. Provides information, referrals, education and support on children’s mental health issues. Services available are: phone support, problem-solving strategies, access to community resources, individual risk assessments, short term crisis case management, emergency respite, education, advocacy.

**Average length of stay:** depends on treatment progress. Residential program 10 days to 3 years or longer

**Staff to student ratio:** 17:55

**Level of Security:** no security

**Referrals Statewide?** From family member, caregiver or professional from the community

**Licensed capacity:** 18 in residential  
6 in CARE home

**Contracted capacity:** depends on program

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### **Hull Crest**

455 North Street  
Burlington, VT 05401

**Intake Criteria:** school records and health records must be sent. An interview and day spent with the group is required.

**Participants:** Boys age 14-18 who have trouble coping in mainstream education.

**Phone:** (802) 863-9412, **Web:** [www.hullcrest.org](http://www.hullcrest.org)

**Program Description:** Hull Crest’s program consists of four parts: academics, work day, outdoor classroom and travel experience. Hands on experience is emphasized, experimental learning. Traveling can be as far away as Switzerland, or as close as New York City. Outdoor activities range from white-water kayaking, rock climbing, ice climbing and snowboarding. The reasons for these activities are to make children’s outlook on school more positive. Six or seven students are accepted each year.

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### **Lake Champlain Waldorf School**

P.O. Box 250

Non-Residential Programs  
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359 Turtle Lane

Shelburne, VT 05482

**Intake Criteria:** application process

**Participants:** parents and children pre-school through high school

**phone :** (802) 985-2827, **Fax:** (802) 985-2834,

**Web:** [www.lcwaldorf.org](http://www.lcwaldorf.org), **Email:** info@lcwaldorf.org

**Program Description:** This school bases its curriculum development by Rudolf Steiner.

**Acorns and oaks**—this program is a singing and conversation circle for parents with infants and “parents to be”

**Star garden**—this program is for parents and toddlers to experience together creative play.

**Morning garden**—these programs are held in the teachers’ homes and serve children between the ages of three and four.

**Preschool/kindergarten**—children range from three years to six years old.

**Kindergarten/afterschool**— this session is a time for kindergarten children to have lunch, rest, and a quiet playtime.

**First grade**—transition year between kindergarten and grade school. Academics are not taught in afternoon.

**Grades two through eight**—the child is evaluated for class placement by the school depending on age, grade completed and the academic development and social progress of the child.

**High school**—full time high school program. The interview process assists the school in determining whether the school can meet the student’s educational needs.

**Competitive sports program**—team sport programs compete with other area independent schools. The sports are cross country running, basketball, and tennis.

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### Maple Leaf Farm

10 Maple Leaf Road

Underhill, VT. 05489

**Intake Criteria:** must have a diagnosis of substance dependence and be in need of medically monitored intensive inpatient treatment as outlined in the ASAM placement criteria level III.7.

**Participants:** adults age 17 or older with diagnosed substance dependence.

**Phone:** (802) 899-2911 **Fax:** (802) 899-9965 **Web:** [www.mapleleaf.org](http://www.mapleleaf.org)

**e-mail:** [info@mapleleaf.org](mailto:info@mapleleaf.org)/ [mapleleaf@together.net](mailto:mapleleaf@together.net)

**Program Description:** treatment for alcohol and drug dependency in a residential setting, medically supervised detoxification, assessment and stabilization, primary treatment and referral for continuing care to appropriate outpatient and/or other services as determined by need. Licensed to operate 33 beds—8 in detox, 18 in the men’s dorm and 11 in the female dorm. Services offered are: group therapy, educational lecture series, recreational activities, scheduled AA/NA meetings (in house and community), and individualized counseling. The program is operational 7 days a week. Length of stay is generally 7 to 21 days. Payment is covered by Medicaid and most commercial insurances. The program will not take anyone with arson, rape or sex crime, significant medical impairment that precludes participation in the treatment program, significant

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cognitive impairment, reported patterns of violence when not under the influence, reported history of significant psychopathology; e.g. active suicidality or psychosis or people with complicated medical or psychiatric diagnoses beyond the scope of MLF.

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**Milton Family Community Center**

P.O. Box 619  
23 Villemaire Lane  
Milton, VT 05468

**Director:**

**Phone:** (802) 893-1457 **Fax:** (802) 893-1776 **Web:** [www.miltonfamilycenter.org](http://www.miltonfamilycenter.org)  
**e-mail:** [mfcc@miltonfamilycenter.org](mailto:mfcc@miltonfamilycenter.org)

**Program Description:** Mission is to prevent child abuse and neglect, and to build family self esteem and self sufficiency.

**Parent/child playgroups**—offers parents and young children the opportunity to meet new friends, gain social skills, and have fun in a developmentally appropriate setting.

**Parent discussion groups**—opportunities to discuss parenting issues with other parents and staff.

**Parent education**—on-going workshops and classes in nutrition, parenting, adolescents, family and literacy needs, and nurturing parenting.

**Milton resource network—PATCH**—a network of local volunteers working together to become informed about services for all Milton residents.

**TYKES program**—a pre-kindergarten enrichment program for children 3-5 years of age.

**Infant/toddler program**—full day, full year early childcare and education program for children 6 weeks to 3 years old.

**M.A.S.K. (Milton After School Kids)**—after school and vacation childcare for children in kindergarten through 6<sup>th</sup> grade offered at the Milton Elementary school.

**Teen services**—community wide effort to reduce substance abuse, promote substance free activities, build assets and promote leadership in Milton teens.

**REACH UP**—center or home based opportunities for parents on state assistance to receive training, support, education and job skills to help them achieve self sufficiency.

**Resource & referral**—information on health, social services, community resources, parenting, housing. Onsite food shelf and lending library.

**On-line application for state assistance**—State financial assistance, food stamps, and health insurance applications can be processed.

**GAP (grandparents as parents)**—a weekly support group for grandparents and relatives who are raising children. Childcare provided at meetings.

**Welcome baby visits**—provides welcome bags to families in communities with infants and young children to welcome the newborn and share local resource information.

**Home visiting**—variety of programs promoting healthy family development.

**Counseling services**—mental health counseling provided by Howard Human Services, available for children, teens, and families in Milton.

**Full day/full year pre-school**—a head start collaborative pre-kindergarten enrichment program for children 3-5 years of age.

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**Learning together**—a weekly workshop providing support and direction for young parents, helping them reach their full potential.

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**Outright Vermont**

P.O. Box 5235

Burlington, VT 05402-5235

**Intake Criteria:** youth age 22 and under

**Participants:** youth age 22 and under

**Executive Director:** Melissa Murray

**Phone:** (802) 865-9677 **Fax:** (802) 865-4916 **Web:** [www.outrightvt.org](http://www.outrightvt.org)

**e-mail:** [info@outrightvt.org](mailto:info@outrightvt.org)

**Program Description:** resources include: X and O youth space, peer social & support group, toll free support line (1-800-GLB-CHAT), cliff rivers memorial library, website & youth listserv, dance parties & events and staff support & advocacy. Outright provides support, resources and training to homosexual, lesbian, bisexual, transsexual, and questioning youth and their adult allies around the state. The mission is to foster sensitivity and understanding of the issues facing gay, lesbian, bisexual and transgender and questioning youth.

**Friday Night Group (FNG)**—weekly peer social & support group held in Burlington every Friday night.

**Evening Drop-Ins**—activities and programs scheduled throughout the week such as movies, curriculum based on communication, safer sex, and healthier lives.

**HIV/AIDS prevention**—counseling & free anonymous and confidential Orasure testing

**Rotating support groups**—additional groups come and go according to youth demand.

**Quarterly social events**-dances, balls, proms-

**Annual youth pride**—access to staff, resources and information.

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**Spectrum Youth Cooperative**

31 Elmwood Ave

Burlington, VT 05401

**hotline:** (802)862-5396

**Intake Criteria:** Homeless, or runaway youth, age 14-21. Must be drug free and willing to participate in the program.

**Participants:** Females and males.

**Director:** Mark Redmond

**Intake:** Morgan Shore

**Phone:** 864-7423 **Fax:** 660-0576 **E-mail:** [info-at-spectrumvt.org](mailto:info-at-spectrumvt.org)

**Program Description:**

Spectrum offers a wide variety of services for youths and adults....

**Counseling Services**—Their counseling services are offered to help deal with existing issues as well as to prevent crises.

**Residential Services--** Spectrum is licensed to place youths aged 12-17 in foster homes and also provide the following arrangements, mentor apartment living, supervised



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apartment living, and youth cooperative group residence. The transition into these living situations is aided with counseling, training, advocacy, and case management..

### **Shelters and Housing**

**Spectrum One Stop**—Spectrum One Stop (SOS) is unique to Vermont. It is the state's first shelter specifically developed for homeless and runaway youth. SOS includes a 13-bed shelter and a Drop-In Center, where Peer Outreach Workers (POW!s) coordinate donations of food and clothing, and develop healthy afternoon and evening activities, including art, music, poetry, and theater events and discussion groups of current community issues. SOS is a multi-service center where youth are provided with: basic needs of food, shelter, and clothing, health care at our health clinic, mental health and substance abuse counseling, employment support and case management education services - tutoring for high school credit, GED preparation, and support for transitioning to post-secondary education

**Maple Street--** Spectrum's Single Room Occupancy (SRO) residence provides nine private rooms and a common kitchen, dining, and living room for homeless youth transitioning to independent living. These young people are single, homeless, low-income youth between the ages of sixteen and twenty-one, whose stay may be from three to eighteen months. Spectrum collaborates with the Burlington Community Land Trust (BCLT), who owns and manages the property. The youth are responsible for paying a portion of the rent for their room.

The Spectrum case-management staff works with a team for each youth to support them in stabilizing their life and building the necessary skills to live independently. This program divides these skills into core youth development areas: career development, health, education and life skills and recreation.

**Murray Street Coop.**— Spectrum's Youth Cooperative is a group living program for six adolescent males that provides a community-based transition from foster care to independent living. The Spectrum case-management staff works with a team for each youth to support them in stabilizing their life and building the necessary skills to live independently. This program divides these skills into core youth development areas: career development, health (including physical & mental health/substance abuse), education, life skills, and recreational fun/ free time. In each core area, the resident develops a set of goals with their case-manager that he/she would like to achieve and maintain.

**Spectrum Outreach Services**— The goal of this program is to build relationships between street youth and program outreach staff in order to help youth leave the streets. Spectrum's Outreach program is staffed by Peer Outreach Workers (POW!s) and adults, who work together to find the pockets where street youth congregate and sleep, and to bring services to them. Teams of trained POW!s and adult staff members offer basic first-aid, counseling, information, and referrals to services for HIV, pregnancy, substance abuse and sexual abuse prevention, and they provide street youth with information and referrals to services..

**Domestic Abuse Education Project**--The Domestic Abuse Education Project works with Women Helping Battered Women and the Department of Correction to monitor and

## Non-Residential Programs By County

take action when an abusive situation occurs, including support for the battered women and opportunities for the abusers to change

**Children's Legal Services**-- Legal assistance is also provided by Spectrum to children up to age 18 and to adults working on behalf of a child.

**Health clinic**— In collaboration with the Community Health Center of Burlington (CHCB), Spectrum has offered medical services to homeless, runaway and disconnected youth since 1997. CHCB's Homeless Health Care Program staffs the clinic at Spectrum's One Stop (SOS) at 177 Pearl Street, Burlington, which provides free primary and behavioral health care services to homeless youth in Chittenden County. Last year this program served approximately 200 homeless, runaway, and disconnected youth. Services provided at this location include:

Physician clinic hours three hours a day, four days a week

Dental Program

Counseling and case management for health related issues Access to entitlements including Medicaid and Food Stamps

Oral HIV, Hepatitis C, and pregnancy testing, counseling, and referrals

Health education workshops

Physical fitness programs

**Emergency Services**— Spectrum's emergency services include 24-hour crisis intervention and for children up to age 18, a temporary emergency shelter

**Community Education**— As well, education in each of these areas is provided in workshops, lectures, and training

**Mentor program** The Spectrum Mentoring Program is a community-based mentoring program that matches responsible adult volunteers with adolescents from Spectrum between the ages of 11 and 21. Mentor matches participate together in various activities in order to build a trusting relationship from which the youth can draw support

**SAP—Student assistance counselor**—the Student Assistance Program counselor can offer a broad range and combination of services. The SAP counselor participates in school teams such as Student Support Teams to assist with screening and needs assessment, referral and coordination of services for students who may be presenting with alcohol or other drug or mental health problems. The counselor can also provide individual early identification and intervention with students who self-refer. Group psycho-education, skills training and other intervention and prevention activities can also be part of a Student Assistance Program.

**JOBS**— The Chittenden County JOBS Program is a collaborative effort among Spectrum Youth and Family Services, The Baird Center for Children and Families, and Vocational Rehabilitation. The program provides youth, ages 16-21, comprehensive, integrated case management services, with the goal of successful, competitive employment. The youth served have been identified as having an emotional and/or behavioral disability and are in need of extra support and services to obtain and maintain a job. The aim is to:

increase community integration for youth

provide a continuum of transitional support for youth who are "aging out" of the children's mental health and/or foster care service systems

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increase productive collaboration among school, youth, and adult service systems help youth secure paid employment.

**Youth Development Services** The Youth Development Services Program serves youth who are or have been in the custody of the State, or young people in the substitute care system under the Department for Children and Families. This program provides youth between the ages of 15 and 22 with the education, skill development, learning experiences and information to prepare for their transition from State care. Spectrum staff members provide support services that include: life skills assessment and education, self-advocacy, and assistance in developing social networks. As a young person approaches the transition age of 17 or 18 years old, the program helps them navigate the transition to adulthood by providing assistance with housing, employment, and education, along with other age-appropriate life skills. We work with youth in both individual and group settings.

**Downtown Education Program**— Spectrum's Downtown Education program serves homeless, runaway, and disconnected youth who have either dropped-out of high school, or are having difficulties navigating successfully through secondary education. The goal of this program is to assist disadvantaged youth in completing a high school diploma or GED, and to promote access to post-secondary learning.

**Average length of stay:** a few days to a few weeks

**Staff to student ratio:** unknown

**Level of Security:** Shelter is locked in the evening. From 8am to 5pm, residents must leave and be productive wither at school or at work.

**Referrals Statewide?** Yes. DCF, agencies, parents.

**Licensed capacity:** Approx. 48

**Contracted capacity:** unknown

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### **The Committee on Temporary Shelter (COTS)**

**Email:** [cots@cotsonline.org](mailto:cots@cotsonline.org) **phone :** (802) 864-7402

Day station: (802) 862-5481 Way Station: (802) 862-7776

The Firehouse Family Shelter: (802) 862-6567

**Web:** <http://www.cotsonline.org/>

#### **Program Description:**

- **Shelters:**

**COTS Day Station**, 179 South Winooski Ave, (802) 862-5481, This drop-in shelter is open seven days a week from 9:00 a.m. to 5:00 p.m. It offers a refuge from the streets and access to an array of services and medical care. On average approximately 35-40 people per day come through this station.

**COTS Way Station**, 187 Church Street, (802) 862-7776 , a 36-bed shelter for men and women, aged 18 and older, who have no other place to sleep at night except for the streets. The shelter is open from 6:15 p.m. to 8:00 a.m. 365 days a year.

**The Fire house Family Shelter:** (802) 862- 6567 is open 365 days a year, 24 hours a day. The shelter has helped to create the Homeless Health Care project, bringing medical and mental health workers together at the COTS Daystation. The Firehouse Family Shelter is one of two shelters in Chittenden County that provides families and children safe refuge and an opportunity to get help finding affordable housing. The Firehouse

In-State Non-Residential  
By County

Shelter serves on average, 100 people from approximately 30-35 different families every year.

**278 Main Street:** Like the Firehouse Shelter, 278 Main is open 365 days a year, 24 hours a day. Since the opening, the facility has provided shelter for 23 families. 278 Main Street can provide shelter for up to 10 families at one time. COTS 278 Main Street and The Firehouse Family Shelter are the only shelters in all of Chittenden County that provide families and children with a safe refuge and an opportunity to get help finding affordable housing

Burlington Emergency Shelter, 89 North Street, (802) 862-9879 (7pm-noon)

Women Helping Battered Women, (802) 658- 1996 (24 hours)

• **Food:**

Chittenden Emergency Food Shelf, 228 North Winooski Ave, (802) 658-7939

Hot meals (Monday- Friday 7-9:30am and Sunday 7-10am) and groceries

Small Potatoes, 38 South Winooski Avenue, (Saturday 8-9am)

Salvation Army, 64 Main Street, (802) 864-6991

• **Crisis Services:**

Crisis Hotline, (802) 863-2400

Women Helping Battered Women (802) 658-1996

Women's Rape Crisis Center (802) 863-1236

Relief from abuse orders (800) 540-9990

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**Vermont Children's Aid Society**

79 Weaver Street

P.O. Box 127

Winooski, VT 05404

32 Pleasant Street

Woodstock, VT 05091

(802) 457-3084

Bennington: 1-800-479-0015

**Intake Criteria:**

Birth Parent Counseling Program: parent involved in court case and considering termination of parental rights.

Expectant Parent Adoption Planning Service: considering adoption

Pregnancies Counseling Service: unplanned pregnancy and want to explore options available.

Child & Family Counseling Service: family facing issues of transition such as foster care, guardianship, kinship care or adoption.

Adoption Placement Services: adopting a child.

**Participants:** children & parents

**Director:** Denise Nagelschmidt

**Phone:** (802) 655-0006 **Web:** [www.vtcas.org](http://www.vtcas.org)

Winooski: [mainadmn@vtcas.org](mailto:mainadmn@vtcas.org)

Woodstock: [vtcaswdstk@aol.com](mailto:vtcaswdstk@aol.com)

**Program Description:** Child and family counseling, pregnancy and birthparent counseling, adoption placement services, and lifetime post adoption services.

In-State Non-Residential  
By County

**Birth Parent Counseling Program (BPCP)**- for parents involved in a court case that may consider termination of their parental rights. Provides counseling, help and support for the decision. Goals are to help parents identify, focus and communicate with people involved with their children. BPCP is covered by most insurance policies, including Medicaid.

**Expectant Parent Adoption Planning Services (EPAPS)**- for people considering adoption. VCAS helps selecting and meeting adoptive parents, ongoing letter and picture exchange, assistance with medical and related expenses, ongoing counseling, office or home-based services, accepts all insurance, including Medicaid.

**Pregnancies Counseling Services**- VCAS provides information to help people dealing with unplanned pregnancy decide what is best for them. Counseling, referrals and resource information and follow up support services available. Excepts most insurance policies including Medicaid.

**Child & Family Counseling Services**- strengthen family relationships, improve family communication, enhance parenting skills, help families deal with trauma and help children and families adjust to life changes such as behavioral problems, childhood trauma, abuse, death, divorce and remarriage. VCAS accepts most insurances and Medicaid. Sliding fee available to families without insurance

**Adoption Placement Services**—domestic and international adoption, home studies, finalization and post placement services such as counseling, education and advocacy before, during and after an adoption. Prospective adoptive parents pay a sliding scale fee for adoption services based on income.

**Camp for Me**-free summer day camp for adopted children 7-12 years old. Leadership training for teens 13-18 years old. Activities such as theater, arts and crafts, swimming, rope course, climbing wall, games, friendship.

**Operation Santa Claus**-select and fulfill a child's wish list or donate toys, goods, time, financial donations.

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### **Vermont Parent Information Center (VPIC)**

600 Blair Park Road,  
Suite 301

Williston, VT 05495-7589

**Phone:** (802) 876-5315 or (800) 639-7170 **Fax:** (802) 876-6291

**Web:** <http://www.vtpic.com/programs.html>

**e-mail:** [vpic@vtpic.com](mailto:vpic@vtpic.com)

**Program Description:** The Vermont Parent Information Center (VPIC) is a statewide network of support and information for families who have a child with special needs or disabilities, and the professionals who work with them. VPIC serves families of children with special needs from birth to 26 years of age. Our goal is to offer programs to families that are helpful, relevant and easy to access. Most of the programs are free of charge

**Family Consultant Program** - The purpose of the Family Consultant Program is to provide individualized support to families of children with special needs regarding their child's education...

**Education Program** - VPIC sponsors workshops and presentations and participates in conferences and community events throughout Vermont. **Assistive Technology (AT)**

**Center** - The Assistive Technology Center contains educational software and accommodations for children and youth with disabilities.

In-State Non-Residential  
By County

**Volunteer Programs** - The Community Volunteer Program helps VPIC reach and serve families close to home. After receiving twelve hours of training, volunteers support families locally.

**Family Scholarship Program** - offers scholarships to parents who want to attend conferences or who need help purchasing services or equipment for their child

**System and Legislative Advocacy** - VPIC works at the state and national levels to improve services and programs for children with disabilities and their families.

**Transition and Youth Leadership Program** - VPIC has created a Youth Leadership Program for high school students with special needs

**Outreach to Families of Young Children** - To serve families of young children, VPIC works with the Family, Infant and Toddler Program

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### Visiting Nurse Association

1110 Prim Road

Suite 1

Colchester, VT 05446

**Director:** Kim Holmes

**Phone:** (802) 658-1900

**Web:** [www.vna-vermont.org](http://www.vna-vermont.org)

**e-mail:** [kholmes@pcavt.org](mailto:kholmes@pcavt.org)

**Program Description:** the VNA is nonprofit. The programs span from expectant parent classes to end-of-life care. It is a Medicare-certified home health agency serving Chittenden and Grand Isle counties.

**Maternal & child health services**—offers parents information and support necessary to fulfill their capacity as parents and to maximize their potential for enhancing each child's physical and emotional development. Nurturing parenting programs and parents together support groups.

**Home visiting program**—provides nursing care and social support to pregnant women and families with multiple challenges, as well as nursing assessment and direct care to acutely and chronically ill children. Physical and occupational speech therapy is provided. Pediatric supportive care services provide physical care and emotional support to children with life threatening illnesses.

**Pediatric high-tech program**—day and night care to children with special health challenges so that they may remain in their homes.

**Janet S. Munt family room**—provides primary prevention services such as play groups, parent groups, pre-vocational education, literacy training, and other parent-requested programs.

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### Bellows Free Academy Union High School

172 Fairfield Street

St. Albans, VT 05478

**Participants:** grades 9-12 for some special education disability categories

**Superintendent:** Marilyn Grunewald

Director of Guidance: Katherine Hutchinson

**Phone:** (802) 527-7576

**Fax:** (802) 527-

**e-mail:** [khutchinson@bfasta.net](mailto:khutchinson@bfasta.net)

In-State Non-Residential  
By County

**Website:** [howardcenter.org](http://howardcenter.org)

**Program:** This is a public school.

**The SADD Program:** That's Students Against Destructive Decisions. This is a non profit organization designed to help students stay clean and live a healthy lifestyle. SADD takes a strong stand concerning the use of alcohol and other drugs. It is opposed to the illegal use of alcohol by the underage population. It is targeting its message at the more than two-thirds of all high school students who admit to being somewhat regular users of alcohol. Its inclusive membership policy invites all students who promise to fight drinking and driving to join SADD.

SADD chapters are involved in many activities, a large number of them designed by students' themselves. SADD students support the Contract for Life, a written agreement between teens and parents. The teen promises to call a parent for a ride should the need arise. The parent agrees to provide a ride if that occurs, with no questions or punishment until the next day. SADD emphasizes the fact that there is no responsible illegal drinking.

**BFA Study Skills Program:** - works on these categories: Listening, Memory, Following Directions, Time Management, Organization, Note taking, Reading Text books, Test taking, Problem Solving, Paragraph Organization, Gaining From Classroom Discussions, Co-operative Learning.

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### **Champlain Drug and Alcohol Services**

172 Fairfield Street

St. Albans, VT 05478

**website:** [howardcenter.org](http://howardcenter.org)

**Participants:** people with substance abuse problems

**Division Director:**

**Phone:** (802) 524-7265

**Fax:** (802) 527-

**e-mail:**

**Program:** This is a substance abuse treatment center. The type of care is outpatient. The special groups and programs are for Adolescents, Pregnant/postpartum women, DUI/DWI offenders.

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### **Northwestern Counseling & Support Services**

107 Fisher Pond Rd.

St. Albans, VT 05478

**Division Director:** Todd Bauman

**Phone:** (802) 524 6554

**Fax:** (802) 527-8167

**e-mail:** [hr@ncssinc.org](mailto:hr@ncssinc.org) **website:** [www.ncssinc.org](http://www.ncssinc.org)

**Program:** The mission of Children, Youth & family services is to provide family focused services, which promote wellness of children and families in Franklin and Grand Isle Counties.

**Children's assessment team has:**

- Family assessment specialist

In-State Non-Residential  
By County

- Children’s crisis case manager
- Pediatric collaborative clinician

**Therapeutic Case Management**—supports children in the community; plans are individual and modified as needs change. The case managers support children with severe emotional disturbances. This includes service coordination and community based social skills development.

**School based services**—assessment, counseling, testing, home school coordination, and consultation for educators.

**Respite services**—for families of children who are experiencing or are at risk for experiencing severe emotional disturbance. Respite is available as planned service, wraparound or emergency.

**Collaborative Achievement Team (CAT)**—community support, case management, social and educational support services will be provided to identified students experiencing severe emotional disturbance which is inhibiting their capacity to learn.

**Bridges Adolescent Services**—staff operated and youth driven support groups, individual meetings and activity planning for teens and young adults transitioning into independent living. Independent living skills training, job preparation, skills training, and academic success are all offered through the transitional living program.

**Family support services**—individualized plan of care issues are addressed such as home, school, and community. Service coordination, opportunities for families to practice newly acquired skills in the home and the community, emergency/crisis response and intervention and family mediation and shelter are also offered.

**Project soar**—a day treatment program provides a therapeutic and educational environment for students who experience emotional behavioral disturbances and who have been successful in alternative public schools. Mental health services such as case management, psychiatric, individual, group and family therapy, home/school coordination, crisis stabilization and community based social skills training and transportation.

**The family center of Northwestern Vermont**—three primary teams consisting of approximately 17 programs serving children in Franklin and Grand Isle counties. The programs support families with young children at risk of developmental delay, those experiencing severe emotional or behavioral needs, referrals, advocacy, support and training for child care providers, young parent academic instruction, on-site child care, supervised visitation and various parent skills training opportunities.

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## **Pathways Academy**

P.O. Box 423

St. Albans Bay, VT 05481

**Participants:** grades preschool – grade eight

**Phone:** (802) 587-2050 **Fax:** (802) 587-2294

**e-mail:** [pthwys@together.net](mailto:pthwys@together.net) **website:** [www.pathwaysacademy.org](http://www.pathwaysacademy.org)

**Program:** By working closely with parents and experienced professionals, The Pathways Academy has developed an alternative plan for children in grades preschool through grade 8.



## Franklin County

During a full day school program, a multi-sensory, phonics-based method is presented in a structured, nurturing environment. The focus is on the total child, and classes in computer training, music, art and physical education are integrated into the learning experience.

The goal is to build your child's self-esteem and help him reach his full potential. Our measure of success is your child's successful return to a mainstream classroom.

Computer training, music, art and physical education are integrated into the learning experience.

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### **Richford Even Start Program**

Rt. W. People's Plaza  
328 South Main Street  
Richford, VT. 05476

**Coordinator:** Jennifer Konrad; **e-mail:** [konradevenstart@hotmail.com](mailto:konradevenstart@hotmail.com)

**Phone:** (802) 848-7747

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### **St. Albans Town Educational Center**

169 South Main Street  
St. Albans, VT 05478

**Phone:** 802-527-7191 **Fax:** 802-527-7043 **website:** <http://www.rovers.net/~satec/>

**Program:** special education and remedial staff collaborate with teachers to assist students with learning challenges, and the behavior specialist and guidance counselors support many students.

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### **Northwestern Counseling & Support Services**

107 Fisher Pond Road  
St Albans, VT 05478

**Phone:** (802) 524-6554 **Toll Free in VT:** (800) 834-7793 **Fax:** (802) 527-7801

[www.ncssinc.org](http://www.ncssinc.org)

[ewest@ncssinc.org](mailto:ewest@ncssinc.org)

[familctr@ncssinc.org](mailto:familctr@ncssinc.org)

**Directors:** Jean Danis Gilmond, MA, Division Director, Developmental Services

Todd P. Bauman, MA, Children, Youth & Family Services

Stephen Broer, Psy.D., Behavioral Health Services Division

#### **Intake Criteria:**

Family, infant and toddler project: developmental delay or medical/genetic condition with high probability of developmental delay

Child Upstream Services & Case Management: children from birth to age six who have emotional or behavioral issues

Non-Residential Programs  
By County

Learning Together, Teen Parent Education: under the age of 24 and on welfare

**Participants:** females and males

Family, infant and toddler project: birth to age 3.

Child Upstream Services & Case Management: birth to age 6.

Learning Together, Teen Parent: parents under 24.

**Program:** four programs available:

**Family, Infant and Toddler Project ~**

Supervised by Elaine Carpenter—team leader: (802) 524-6574 x 150

Betty Morse: Family resource coordinator (802) 524-6574 x 212

**Program description:** provides regional early intervention services to families with children birth to age three who have a delay in development or a medical/genetic condition with a high probability of developmental delay. Services are provided in a setting of family choice (home, childcare, physicians office, playgroup.) families are connected with the support and resources needed to meet their child's unique needs through the development of an individualized family service plan (IFSP).

**Child Care Support Services**

Supervised by Ellie Gilman—team leader: (802) 524-6574 x 225

**Program Description:** serve Franklin and Grand Isle Counties and Milton and provide following important services:

Support and training for over 219 registered home-based, 47 licensed center-based, and 96 legally exempt child care providers

A quarterly newsletter, the “nifty news”

Information and referrals for parent seeking child care

Financial assistance through State of Vermont subsidies to pay for child care

Support for the public school Early Childhood Programs' effort to create high-quality early learning opportunities in the early care setting of a family's choice

Support for specialized care service providers

Support for providers who participate on the child & Adult Care Food Program

**Child Upstream Services and Case Management**

Supervised by Pam Hunt—team leader: (802) 524-6574 x 238

**Program Description:** Children Upstream Services (CUPS) is designed to meet the needs of families and providers with children from birth to age six who have emotional or behavioral issues. Services are provided in the home, childcare, school or community settings and include: behavioral assessments and supports for children, consultation and training for parents and providers. Therapeutic Case Management is individualized, intensive support for Medicaid-eligible parents/ children up to 18 years of age with mental health diagnosis (22 years of age if still working towards high school educational goals). Services may include: supportive counseling, dialing living skills, building and sustaining healthy personal, family and community relationships and advocacy.

**Learning together, Teen Parent Education**

Supervised by Justine Homiak—team leader: (802) 524-6574 x 218

**Program Description:**

**Reach up case management** is provided for parents under the age of 24 who are on welfare. Participants receive assistance in becoming confident, competent community members.

Non-Residential Programs  
By County

**The young Parent Education Program (YPEP)** serves young parents of Franklin and Grand Isle counties who have not yet completed their high school education. This program helps identify and accomplish academic goals and encourage growth as nurturing and knowledgeable parents. This is the educational component of the learning together intensive parent training program.

**The learning together intensive parent training program** provides young parents and their families with wraparound education, parenting and employment training support at the Family Center in St. Albans. Participants receive individualized educational and employment training programs in our classroom, infant-toddler child care, library, subsidy office, kitchen and at our front desk. Counseling, health and wellness activities, early literacy workshops, transportation, meals and limited infant-toddler care are provided.

**The Franklin County Family Literacy Program** provides adults with children's literacy activities in home, preschool, and playgroup settings in Franklin Northeast Supervisory Union for families with literacy challenges.

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### **Alburg Community Education Center**

14 North Main Street

Alburg Vt. 05440

**Participants:** grades K-8

**Principal:** Leon Wheeler

**Phone:** (802) 796-3573 **Fax:** 802-796-3068

#### **Program Description:**

**Primary** Alburg Kindergarten offers an exciting experience for young children. There are two classes with each group attending a full day. This year classes are small which allows us to individualize instruction. The district curriculum is followed and state standards are addressed. Thematic units are used as a forum for teaching academic skills. Parent participation is strongly encouraged.

Grades One and Two are taught in four classrooms; two first grade and two second grade rooms. The curriculum is research-based and addresses state standards. Small groups are used to teach basic skills whenever possible. Individualization is emphasized so each student may achieve at his or her potential.

**Intermediate** grades 3-5

**middle school** grades 5-8

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### **Champlain Island Parent Child Center**

22 Lake Street

Alburg, Vt. 05440

**Director:** Peggy Varney

**Phone:** (802) 796-3013 **Fax:** (802) 796-6042

**e-mail:** [angcipcc@pivot.net](mailto:angcipcc@pivot.net)

**website:** <http://www.cipcc.org>

**Program Description:** Champlain Island Parent Child Centers is dedicated to strengthening families by, promoting healthy parent-child interactions, providing a place for children to grow and learn, acting as a local base for family services and facilitating access to other agencies and programs. These goals are met through parent-child

## Non-Residential Programs By County

playgroups, parent support and education, and resource and referral. The impact of these services for families is to reduce isolation, frustration, lowered self-esteem, abuse and neglect. The Parent-Child Centers are available to all of Grand Isle County, an area that copes with the unique isolation of being physically separate from the rest of the state. Champlain Islands Parent-Child Centers is part of a network of fifteen Parent-Child Centers throughout the State of Vermont.

**The Franklin/Grand Isle L.E.A.D. Program**--L.E.A.D. Franklin Grand Isle is a unique program in which participants explore community issues and learn directly from Vermont's business and public sector leaders who are on the front line of these issues. leadership, Education, Aptitude, Development (lead).

**Vermont 2-1-1**— a program of the United Ways of Vermont, is an information and referral program serving all Vermonters. When you dial 2-1-1, a Community Information Referral Specialist will provide help to solve problems and link individuals to government programs, community-based organizations, support groups and other local resources.

**Community Needs Report**—The Community Needs Report is a snapshot of community demographics and needs, which reflects an ongoing commitment of our United Way in meeting the needs of our community.

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### **Folsom Education and Community Center**

5 South Street

South Hero, VT. 05486

**Participants:** K-8

**Phone:** (802) 362-6600

**website:** [www.vermontschooltree.org](http://www.vermontschooltree.org)

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### **Laraway Substitute Care Services**

PO Box 621

Johnson, VT 05656

**Intake Criteria:** Must be IEP eligible.

**Participants:** Females and males, ages 14 to 18.

**Director:** Greg Stefanski

**Intake:** Kara Kidder

**Phone:** 635-2805 x200 (HR) Also 635-7266

**Program Description:** The school states that it promotes positive change and personal growth through a combination of classroom instruction, therapeutic activities, and experiential learning opportunities. Instructional services are delivered through both theme-based multi-disciplinary units and through individualized programs, which are designed to give attention to basic skill development. Teaching and learning occur in an active format utilizing a hands-on multi-sensory approach.

The program is broken down into 4 levels. Level one is the introductory level where student will become familiar with the school's policy and other students. Students in level two will begin to build relationships based on trust. In level three students are looked at as positive role models for others and are on their way to completing the program. Finally, in level four, students are expected to conduct themselves in a manner

In-State Non-Residential  
By County

that is helpful to the Laraway community. Plans for transition will occur at this final level.

**Average length of stay:** many 8<sup>th</sup> grade to graduation

**Staff to student ratio:** 1:3

**Level of Security:** Staff secured.

**Referrals Statewide?** Yes. SRS, parents.

**Licensed capacity:** 12 day program.

**Contracted capacity:** 9

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### **Sterling Area Services**

109 Provesional Drive

Morrisville, VT 05661

**Associate Director:** Marilyn Carter

**Phone:** (802) 888-7602 **Web:** [Sterling Area Services, Inc. - Welcome](http://SterlingAreaServices.com)

**email:** [marilync@sterlingarea.com](mailto:marilync@sterlingarea.com)

**Program Description:** The Children's Program of Sterling Area Services is committed to creating partnerships with families, schools and communities in striving for the optimal development of our children with developmental disabilities. In this collaborative effort, Sterling's Children's Program provides case management, residential, respite, personal care, clinical and transportation services. Sterling also provides consultation and program supports to local schools. The Children's Program Coordinators are guided by the belief that fostering these positive partnerships and focusing on a child's individual strengths is the best preparation for a successful adulthood.

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### **Upper Valley Services**

12 Prince Street

Suite 2

Randolph, VT 05060

267 Waits River Road

Bradford VT. 05033

P.O. Box 719

Moretown VT 05660

**Intake Criteria:**

Must have developmental disability and Medicaid

**Participants:** individuals with developmental disabilities.

**Director:** Joan Carman

**Phone:**

Randolph (802) 728-4476

Bradford (802) 222-9235

Moretown (802) 496-7830

**Fax:**

Randolph: (802) 728-6741

Bradford: (802) 222-5864

Moretown: (802) 496-7833

Non-Residential Programs  
By County

**Web:** [www.areasource.org/home.html](http://www.areasource.org/home.html)

**e-mail:** [jcarmanr@uvs-vt.org](mailto:jcarmanr@uvs-vt.org)

**Program Description:** services are individualized and most services are ongoing for many years. Some individuals only need limited support while others require comprehensive services that may include residential settings, community/social or job supports, case management, clinical consultation, and transportation. This is not a facility based program. UVS has a program site in Randolph, one in Bradford and a third in Moretown. On the Moretown property there is a “crisis bed” serving individuals throughout Vermont; there is a similar crisis service in the Southern part of the state. There is one small licensed residence for three individuals which is staffed and has nursing oversight. How much supervision a person needs is unique to that individual. Some people are free from supervision and others who are court ordered require consistent high levels of supervision with many rights restricted. A state human rights committee reviews restrictive protocols.

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### **Wellspring School**

P.O. Box 291

Chelsea, VT. 05038

**Intake Criteria:** Child readiness

**Participants:** nursery, kindergarten, and elementary grades one through six.

**Administrator:** Mary Savidge

**Phone:** (802) 685-3181 **Fax:** (802) 685-9941

**e-mail:** [wellspring@together.net](mailto:wellspring@together.net)

**Program Description:**

Morning Garden Program: for parents with infants and children through age three, which meets in weekly sessions during the fall, winter and spring. Grades one and two meets four days a week. Grades three and four meet four days a week and grades five and six meet five days a week. Children are admitted based on their readiness which is determined by two faculty members in the following area: physical development, emotional/social and academic readiness. If the child is faculty is assessing readiness for three year old children then the following areas are looked at: toilet training, making eye contact with adults other than their parents, responding verbally with adults, engaging in classroom activities through imitation and observation. Tuition varies depending on the child’s age. Nursery/kindergarten starts out at \$6,755 and grades five and six is \$8, 250. the student to staff ratio is 7:1 in the early childhood program. The student staff ratio is 9:1 for grades 1-6.

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### **Chrysalis Center, Newport Adolescent ~ Adult programs, Inc.**

4267 U.S. Route 5

Derby, VT 05829

P.O. Box 785

Newport, VT 05855

**Administrative Assistant:** Katherine French

**Phone:** (802) 334-5085 **Fax:** (802) 498-5085

**Program Description:** services are offered regardless of ability to pay and fees are negotiated on that basis.

Non-Residential Programs  
By County

**New Friends Program:** adult volunteers are matched with children to provide them with guidance through fun activities and outings.

**Clinical Services:** individual therapy, parental support and family consultation, premarital counseling, and assessment and treatment of addictive disorders are offered.

**Scholarships:** students who are attempting to overcome obstacles in life to reach their goals are awarded scholarships on an as-needed basis. Tuition is offered for a variety of endeavors including academics, athletics, outdoor activities and the arts.

**Community Services:** consultation to schools and youth programs is available.

Workshops on a variety of mental health issues to schools, businesses and mental health professionals are offered.

**Therapeutic Farm Program:** a program for equine facilitated psychotherapy and equine experiential learning is currently offered on a limited basis. Gardening and other activities are available as well. [www.equinefacilitatedpsychotherapy.org](http://www.equinefacilitatedpsychotherapy.org)

**Internship Site:** internship and field work site is available for undergraduate and graduate students.

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### **Family, Infant & Toddler Project**

447 Sias Ave.

Newport, VT 05855

560 Railroad Street

P.O. Box 368

St. Johnsbury, VT 05819

**Coordinator:** Eric Erwin

St. Johnsbury: Carol Boucher

**Phone:** (802) 334-3324

St. Johnsbury: 748-6609

**Fax:** (802) 334-2047

**e-mail:** [ejerunes@yahoo.com](mailto:ejerunes@yahoo.com)

St. Johnsbury: [cboucher@nkhs.net](mailto:cboucher@nkhs.net)

**Program Description:** provides regional early intervention services to families with children birth to age three who have a delay in development or a medical/genetic condition with a high probability of developmental delay. Services are provided in a setting of family choice (home, childcare, physicians office, playgroup.) families are connected with the support and resources needed to meet their child's unique needs through the development of an individualized family service plan (IFSP).

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### **Lyndon Institute**

College Road

P.O. Box 127

Lyndon Center, VT 05850

**Intake Criteria:** admissions process

**Participants:**

**Assistant Head of admissions:** Mary Thomas and Richard Hilton

Non-Residential Programs  
By County

**Phone:** (802) 626-5232

**Fax:** (802) 626-6138

**Web:** [www.lyndoninstitute.org](http://www.lyndoninstitute.org)

**e-mail:** [admissions@lyndon.k12.vt.us](mailto:admissions@lyndon.k12.vt.us)

**Program Description:** Lyndon Institute is an independent, secondary day and boarding school. The curriculum covers college preparatory courses as well as courses in art, business and technical education.

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### **Migrant Even Start Program**

Migrant Family Literacy & Life Project

P.O. Box 349

Derby, VT 05829

**Coordinator:** Rebecca Wilson

**Phone:** (802) 776-2517

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### **NEKCA/ Parent Child Center North**

32 Central Street

Newport, VT 05855

Step O.N.E.

273 Main Street

Suite 1

Newport, VT 05855

**Intake Criteria:**

**Participants:**

**Coordinator:** Lisa Daigle-Farney

Step O.N.E.: Catherine Norton

**Senior Therapist:** Jim Sabatino, MS

**Web:**

**e-mail:** [stepone@necka.org](mailto:stepone@necka.org)

**Phone:** (802) 334-4072

Step O.N.E.: (802) 334-0148

**Fax:** (802) 334-4079

Step O.N.E.: (802) 334-4073

**Web:** [www.necka.org](http://www.necka.org)

**Program Description:** all Vermont Parent Child Centers offer : home visiting, early childhood programs, parent education, parent support, on-site services, playgroups, information and referrals, and community development.

**Step O.N.E.:** is a N.E.K.C.A. program and a member of the Vermont Network against domestic violence and sexual assault and the Vermont Counsel on Family Violence. It provides: information & referrals, supportive listening, group support, legal advocacy (not representation) medical advocacy and social services, 24 hour crisis support, safety planning, help finding a safe place to go, services for children who witness domestic violence, prevention programs for children & teens in schools and community, and community education.



Non-Residential Programs  
By County

**Reach Up:** is a required program for recipients of cash assistance from PATH. Case managers can help participants further their education, train for the job they want, get work experience. It can help with child care, transportation and other expenses.

**Making it work:** this program is designed to provide participants with a realistic picture of how well their work skills and habits match prevailing workplace norms, an estimation of how long it would take to secure high school diploma or equivalent, when such credentials is needed and an evaluation of life and planning skills that support successful transitions from welfare to work.

**Family Education Program:** the family educator provides one-on-one support as well as parenting groups, covering such topics such as child safety, self esteem, child development, child abuse and communication. Referrals to this program are made by a community screening team.

**Teen Drop-In Center:** a place for teens to enjoy time with other young people in a constructive setting provided with adult supervision. Teens have an opportunity to listen to music, watch tv, do homework, play pool, and make friends.

**Child Care Support Services:** offers comprehensive training to child care providers, child care referrals to families and processes and determines eligibilities for childcare subsidies. The referral service is available at no cost to any parent seeking care and the referrals are made within one day.

**Another Chance:** pregnant and parenting teens can obtain their high school diploma or G.E.D. It provides on-site academic instructions, parenting skills and training, supportive resources for continuing education, job skills training, support groups for parents and activities.

**Work Place & Training Program:** this program is designed to provide PATH, DET and Voc-Rehab recipients with employment and training opportunities, fulfilling their work required hours.

**Runaway Youth Access:** 24 hour crisis response to runaway and homeless youth in Orleans and Northern Essex counties.

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**Northeast Kingdom Human Health Service**

154 Duchess Ave.  
P.O. Box 724  
Newport, VT 05855

560 Railroad Street  
P.O. Box 368  
St. Johnsbury, VT 05819

Tri-County Substance Abuse Services  
55 Seymour Lane  
Newport, VT 05855

297 Summer Street  
St. Johnsbury, VT 05819

## Non-Residential Programs By County

### **Participants:**

**Executive Assistant:** Nancy M. Welcome

Tri-County Substance Abuse: Cathy Rouse and Gail Middlebrook

### **Phone:**

Newport: (802) 334-6744

St. Johnsbury: (802) 748-3181

Tri-County Substance Abuse:(802) 334-5246 and 748-1682

### **Fax:**

Newport: (802) 334-7455

St. Johnsbury: (802) 748-0704

Tri-county Substance Abuse: (802) 334-1093 and 748-0211

**Web:** [www.nkhs.net](http://www.nkhs.net)

**e-mail:** [ltedsco@nkhs.net](mailto:ltedsco@nkhs.net) and [gmiddlebrook@nkhs.net](mailto:gmiddlebrook@nkhs.net)

**Program Description:** NKHS is a non-profit, community mental health center that services the residents of Caledonia, Essex and Orleans counties with developmental disabilities: individuals with a developmental disability and families that support them can obtain a variety of services from this program. Designed to help people live in their own homes.

### **Developmental Services:**

**Personal Support Care:** provides housing, personal care, supervision, residential training and support to eligible consumers. Shared living arrangements for residential support

**Psychiatric and medical care:** offers specialized care to address the medical and psychiatric needs.

**Skill acquisition training and community support:** individuals with disabilities acquire new skills and competencies so they can become independent.

**Vocational services:** these services develop employment opportunities for consumers and train people on the job, regardless of their disability.

**Developmental and family Services:** targeted support to children and their families as a priority. Staff are active in coordinating care with consultants, schools, parents and others.

**Respite Care:** offers and pays for a variety of respite and relief options to families. NKHS provides for Flexible Family Funding support for special needs and adaptive equipment for eligible participants.

**Specialized services:** for individuals with autism, mental retardation and legal problematic behavioral issues.

**Support to individuals in nursing homes:** one-to one assistance for individuals with developmental disabilities living in the nursing home.

**Crisis Support:** NKHS staff is available to intervene in crisis situations if people with disabilities require support to ensure their personal care, safety, health and wellbeing. A crisis bed, with 24 hour staff coverage is available for those that meet the criteria.

**Children's Services:** serves for emotionally disturbed and at risk children and their families fall under the Division of mental Health Programs.

**Outreach Specialist through the Family, Infant Toddler Program:** provides services to families with children from birth to age 3 who experience developmental delays or are at risk for developmental delays. The services are home based and support a family focused team approach.

**CUPS (children Upstream Services):** provides consultation and case management services to families with children ages birth to 6 who have challenging emotional behavioral issues. Services are also provided to childcare providers and early educational programs.

## Non-Residential Programs By County

**The pediatric collaborative project:** full time social worker in a pediatrician's office. Provides case management, individual and family counseling, consultation and referral for children and families involved with the practice.

**Individual and Family therapy:** outpatient basis. This addresses psychological and emotional issues, psychiatric and medication issues and prevent unnecessary out of home placement.

**Intensive Family Based Services:** in home treatments for parents who need support to safely manage their children at home. Staff professionals may provide counseling, case management, parent education and coordination with schools.

**ACCESS:** a program for families that need immediate but brief therapeutic case management.

**School Therapists and home/school coordinators:** provides individual and group treatment, counseling and case management services in public school

**Futures:** provides wrap-around services for abused and neglected children in custody, and behaviorally disturbed children whose birth parents request temporary placement out of the home. Post-adoption services are provided to families who have adopted children with special needs

**Respite Care:** for families who need special support to care for an emotionally or behaviorally disturbed child at home.

**JOBS (Jump on Board for Success)/Transitional Services:** case management, employment program for youths ages 16-22 who are out of school and have emotional and behavioral issues. This program helps them secure employment, achieve independence, and obtain a G.E.D. or re-enter an educational program.

**Healthy Babies Kids and Families:** provides mental health services through intensive home visiting for high-risk families who are pregnant or who have children up to age 6.

**Tri-County Substance Abuse Services:** an approved alcohol/drug program that provides a broad array of confidential services to adults, adolescents and families.

**Adult Outpatient Services:** diagnosis and evaluation, individual counseling, family and couples counseling, group therapy, intensive outpatient program (IOP)—intensive level of treatment that is a step down from a residential program or an alternative to going to residential program, Intensive Substance Abuse Program (ISAP)—is an intensive department of corrections based program that meets three times a week . this emphasizes relapse prevention.

**Adolescent Outpatient Services:** student assistance program (SAP) provides prevention, education, screenings, and referrals. The ACTIVE program serves adolescents 12-18 years of age and their families. It provides evaluations, therapeutic drug testing, diagnosis, treatment recommendations, treatment coordination, individualized group and family therapy, case management and treatment coordination with families and schools.

**Other Services:** Public Inebriate Program for individuals who are apprehended for public intoxication and incapacitation may be placed in protective custody or the diversion bed for a short period of time. The Diversion bed is a monitored detox arrangement where a person can sober up.

**The Drinking Driver Rehabilitation Program:** serves people convicted of DWI in the state of VT. In order to be eligible for license reinstatement, the person will have to go to treatment or CRASH or both.

**Project CRASH school:** is an educational program for people convicted of drunk driving.

### **Mental Health Services:**

Outpatient services, crisis intervention services including diagnostic assessment and treatment and screening for hospitalization, 24 hour emergency services, in home mental health assessment, counseling and case management for elders, assertive community treatment (ACT), dialectical behavior therapy (DBT) elder care clinician program, transitional housing, intensive psychiatric, case management and counseling services, short term care, employment services and consumer managed self help support groups.

Non-Residential Programs  
By County

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**Orleans Southwest Even Start Program**

P.O. Box 338

278 Route 15W

Hardwick, VT 05843

**Participants:** children ages 9-12

**Administrator:** Stephanie Rubin and Tracy Collier

**Phone:** (802) 472-5229

**Fax:** (802) **Web:** [evnstart@vtlink.net](mailto:evnstart@vtlink.net)

**e-mail:** [jleblanc@aossu.org](mailto:jleblanc@aossu.org)

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**The Family Focus Program**

74 Park Street

P.O. Box 6283

Rutland, VT 05702

**Phone:** (802) 773-4225 or 800-366-2244

**Program Description:** this program is a collaborative effort between the Rutland Mental health child and family services and PRIME family resources.

**24 hour crisis hotline**—round the clock crisis services are available to families with children. Respite services, emergency screening for hospitalization, emergency shelter, mediation, behavioral intervention and support and or referrals to some other service.

**Family case management**—case managers will work with the family to help advocate in school or other agency settings and will refer to appropriate services.

**Short term therapy**—all the case managers are mental health trained clinicians.

**Temporary shelter placement**—limited shelter placement to the clients needing safety or distance from their families.

**Respite services**—a short term timeout for a family or child experiencing high levels of stress.

**Parent education and consultation**—clients who need help with basic developmental behavioral, financial, hygienic or other home management issues.

**Substance abuse services**—counseling to adolescents and their families.

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Non-Residential Programs  
By County

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### **Family, Infant & Toddler Project**

257 South Main Street  
Rutland, VT 05701

**Coordinator:** Ann Martin

**Phone:** (802) 888-5529 **Fax:** (802) 888-5392 **e-mail:** lfcfitp@yahoo.com

**Program Description:** provides regional early intervention services to families with children birth to age three who have a delay in development or a medical/genetic condition with a high probability of developmental delay. Services are provided in a setting of family choice (home, childcare, physicians office, playgroup.) families are connected with the support and resources needed to meet their child's unique needs through the development of an individualized family service plan (IFSP).

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### **Rutland County Even Start Program**

257 South Main Street  
Rutland, VT 05701

**Coordinator:** Judith Lashof

**Phone:** (802) 747-5094

**Fax:** (802)

**e-mail:** jlashof@rcsu.org

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### **Alcoholics Anonymous**

Barre-Montpelier

**Participants:** alcoholics who want to stay sober

**Phone:** (802) 229-5100

**Web:** <http://www.aavt.org/>

**Program Description:** The Preamble of Alcoholics Anonymous: "Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety."

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### **Community High School of Vermont**

103 South Main Street  
Waterbury, VT 05671

**Participants:** Individuals under the care of the Department of Corrections

**Resource specialist:**

**Phone:** (802) 241-2273 **Fax:** (802) 241-2377 **Web:** [www.chsvt.k12.vt.us](http://www.chsvt.k12.vt.us)

**e-mail:** [alanf@doc.state.vt.us](mailto:alanf@doc.state.vt.us)

## Non-Residential Programs By County

**Program Description:** Community High School of Vermont is primarily designed to serve individuals who:

Have not obtained a High School Diploma.

Are under the custody of the Vermont Department of Corrections.

Have a high need in the area of employment, as identified by the classification procedures of the Vermont Department of Corrections.

Additionally, under Vermont State Law (28VSA120), all individuals under custody, under 22 years of age, without a High School Diploma, have a mandatory education requirement - these students are enrolled upon admission.

The School also serves special education needs of students with disabilities with Certified Teachers.

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### **Good Beginnings**

Northfield, VT

**Phone:** (802) 485-8530

**e-mail:** [snevin@nfld.tds.net](mailto:snevin@nfld.tds.net)

**Program Description:** Good Beginnings matches a trained volunteer with a family for a period of at least three months. Each week the volunteer comes to the family's home for a few hours to offer help wherever it is needed: providing a supportive friend during this special time answering questions, respite child care, providing transportation, preparing meals, doing light chores, running errands .

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### **Washington County Mental Health Services**

PO Box 647

Montpelier, VT 05601

**Phone:** (802) 229-0591 **Fax:** (802) 223-8623 **Web:** <http://www.wcmhs.org/Index.html>

WCMHS provides comprehensive, community-based services to adults with serious and persistent mental illness; developmental disabilities, mental retardation and autism; children with severe emotional disturbances and their families; children and adults with acute behavioral problems and a wide range of other challenging behaviors.

Services include individualized residential and day treatment and are provided not only to the citizens of Vermont, but to individuals referred by other states and countries.

Our Special Services Division serves Individuals and Agencies in North America by providing innovative direct services, training, and consultation to improve service delivery systems.

Please select the Programs in the navigation bar to your left for a detailed description of our services.

#### **Community Rehabilitation and Treatment**

The **Community Rehabilitation and Treatment (CRT) Program** - has offices in Montpelier, Barre and Waterbury. The effects of serious and persistent mental illness, coupled with institutionalization, create special problems and needs for adults who seek services from the CRT Program. WCMHS offers the following programs to this special group of clients.

The **CRT Outpatient Program** - provides a comprehensive set of Case Management and Counseling Services to clients with long-term, serious mental illness. The ASSIST TEAM is part

## Non-Residential Programs By County

of Case Management Services. Assist Staff provide temporary assistance to primary case managers when a client needs more support than usual, as in a crisis situation.

The **Rehabilitation Team** - provides community-based psychosocial rehabilitation. Their goal is to help clients gain the skills needed to become functioning community members. A group of paraprofessionals called Support Workers are on-call to provide extra support or assistance on an as-needed basis.

The **Dialectic Behavioral Therapy (DBT) Program** - helps clients with diagnoses of Borderline Personality, Post Traumatic Stress Disorder, Dissociative Reaction, and Multiple Personality replace serious maladaptive and life-threatening attitudes and actions with healthy behavior. The program teaches life skills through the use of specialized clinical techniques. Referrals to the program are made by WCMHS treatment staff, and admission into the program follows an in-depth diagnostic interview and orientation. A one-year commitment is required on the part of the individuals accepted by the program.

**Day Treatment Centers** - offer a wide range of emotional, rehabilitative, social and recreational programs designed to enhance each client's ability to integrate into the community and lead independent and productive lives.

**Green Mountain Rehabilitation Services** - concentrates on vocational activity and supported and competitive employment, with clients working toward the goal of achieving independence in the marketplace.

**Residential Programs** - ranging from group homes to supervised apartments, provide housing supports, design activities and promote social interaction, personal development, and independent living skills. Services are designed to enhance skills of the residents in taking care of themselves and to motivate them to want to become more independent in their residential settings.

Residential programs include Odin House and Evergreen House (girls mini-micro programs); Skyline Program (boys mini-micro, SO treatment program).

**Community Resource Development** - provides services to clients living in the community. A client-run Telephone Support Line is available during the evening and weekend hours. Gather Program Volunteers provide access to events, persons, groups and places not otherwise easily available to clients. Affordable Housing and Consumer Involvement are also important aspects of the 'Caring Community' made available through this series of programs.

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### Alcoholics Anonymous

Brattleboro, VT 05301

**Participants:** alcoholics who want to stay sober

**Phone:** (802) 257-5801

**Web:** <http://www.aavt.org>

**Program Description:** The Preamble of Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety."

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### Austine School for the Deaf

60 Austine Drive

Brattleboro, VT 05301-2694

Non-Residential Programs  
By County

**Phone:** (802) 258-9500 **Fax:** (802) 254-3921 **Website:** [www.austine.pvt.k12.vt.us](http://www.austine.pvt.k12.vt.us)

**Program Description:**

**ACCESS** is a community-based employment program for Deaf and hard of hearing individuals. The range of services offered by ACCESS includes supported employment, case management, service coordination, community outreach and support, independent living skills instruction and vocational assessment. Other employment-related services may be provided upon request. ACCESS's home office is located in Brattleboro, but service delivery in other areas of Vermont can be arranged. The provision of services is available through fee-of-service or contractual arrangements. For additional information or request the services of the ACCESS program, please call (802) 258-9595 (v/tty).

**Deaf Victims Advocacy Services (DVAS)** is a program that serves victims of domestic and sexual violence who are Deaf and hard of hearing and provides prevention education to the Deaf community. DVAS provides direct support to Deaf victims through medical and legal advocacy and referral to therapeutic counseling. DVAS also provides training to involved agencies, including police departments, court personnel, and shelter staff, in order to assure that Deaf clients receive appropriate communication access and other technical assistance throughout any necessary proceedings. For additional information or to access Deaf Victims Advocacy Services, please call (802) 479-1934 TTY.

Voice/hearing callers without TTY access should dial 711 to call via voice relay.

**Family Mentoring Program:** specially-trained Deaf mentors provide home-based individualized sign language instruction. Mentoring services, typically provided on a weekly basis for one hour, are incorporated into the child's individual service or educational plan. This individualized family instruction supports the child's language development and communication success within the family. The Deaf mentor also serves as a role model and connection to the Deaf community, allowing the family and child to better understand what it means to be Deaf. For more information about the Family Mentoring Program, please call (802) 258-9502 (v/tty).

**The Vermont Center for the Deaf and Hard of Hearing** provides a full array of family-based services including educational workshops, social opportunities, parent-to-parent networking assistance, community outreach education, American Sign Language instruction, Deaf mentoring and individual family support. A parent newsletter, as well as a lending library, is provided in order to offer up-to-date information to families on relevant issues. Services are available to all families of Deaf and Hard of Hearing children, as well as to any interested person or party, and are provided compassionately and with respect to families' individual needs. For more information or for assistance, please call (802) 258-9595 (v/tty).

**The Mental Health Program** provides counseling and assessment services to deaf and hard of hearing individuals and their families. Services are provided by master's and doctoral level clinical staff who are fluent in American Sign Language and have expertise in working with persons who are deaf and hard of hearing. Staff members are familiar with the varying types of communication used by deaf and hard of hearing persons, and the issues they face in their lives. They strive to meet the needs of each individual. For more information about the Mental Health Program, call 802-258-9595 (v/tty.)

**The ASL Program** offered by the Vermont Center for the Deaf & Hard of Hearing, Inc. provides American Sign Language (ASL) classes throughout the state of Vermont to



Non-Residential Programs  
By County

professionals, community members and parents. The VISTA Signing Naturally Curriculum is utilized for 13 week courses offered in the fall and spring. ASL students learn the fundamentals of finger-spelling, ASL structure and vocabulary as well as develop skills for communicating with Deaf people. ASL students are introduced to the complex aspects of ASL communication, including eye movement, facial expression and body posture. Students will also explore and develop skills in gesture, pantomime and body-language.

**Williston Regional Program** is a specialized day program serving students in preschool through eighth grade. The Williston Regional Program currently consists of two multiage classrooms, each taught by a team of experienced teachers of the Deaf. The program strives to provide a least restrictive environment for Deaf and hard of hearing children in an educational setting that allows direct group instruction in their native language, American Sign Language. Individual instruction may involve the use of voice and/or English word order as necessary to meet the specific needs of each student. Teachers follow appropriate grade-level curriculum and use varied lessons, materials and teaching methods to address varied learning styles and abilities. Students receive instruction in reading, writing, mathematics, social studies, science and spelling.

The Williston Regional Program is housed within a large public elementary school. All program students are mainstreamed for lunch, recess, art, physical education, computer technology, guidance, technical education, living arts, library and music. Educational interpreters accompany the students to all mainstreamed classes. Additional mainstream opportunities are available to students as warranted. All teachers and interpreters work together to ensure that classes are challenging for Williston Regional Program students without being overwhelming. Accommodations are readily implemented to promote academic success. Student support services, such as counseling, speech/language and consultant services, are provided by qualified staff from other Vermont Center for the Deaf and Hard of Hearing programs.

**Bennington Regional Program** is a specialized day program much like the Williston Program described above. The Program serves students in preschool through sixth grade. For additional information about Vermont Center for the Deaf and Hard of Hearing regional programs, please call (802) 258-9595 (v/tty.)

**VT Parent/infant program:** is committed to working cooperatively with families, service providers and schools to develop and implement effective and comprehensive services for children who are Deaf or Hard of Hearing. Services through the VT PIP are provided at no cost to all Vermont families. Once a child becomes three years of age, services become the responsibility of the local school district. A statewide network of consultants for Deaf and Hard of Hearing children is available and can be accessed at this time. If you have questions, would like to refer a child and /or are in need of consultation, please feel free to contact the VT PIP office at (802) 254-3929 (v/tty.)

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**Community Schoolhouse**

213 Elliot Terrace  
PO Box 86  
Brattleboro, VT 05301

## Non-Residential Programs By County

**Intake Criteria:** Students with emotional, behavioral, and learning challenges, who are in placement crisis and require short-term residential treatment services. See also non-residential listing.

**Participants:** Females and males, ages 6 through 13, grades K-8th.

**Director:** John Scherer

**Phone:** 257-7470 (residence) 257-4438 (school) **Fax:** 258-4438

**Program Description:** To provide a safe, secure, therapeutic environment which will begin to address the comprehensive needs of children 6–12 years of age who are in placement crisis. The program utilizes structure and a therapeutic milieu to provide children with stabilization, assessment, short-term treatment and transitional planning/placement services. There is an on grounds licensed school. Supervision and safety are addressed through the use of intensive supervision and individual rooms for each child.

**Average length of stay:** 1 to 90 days

**Staff to student ratio:** 3-7

**Level of Security:** Staff secured .

**Referrals Statewide?** Yes. DCF mainly, also Department of Mental Health.

**Licensed capacity:** 7 beds

**Contracted capacity:** 6 beds

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### Greenwood School

14 Greenwood Lane

Putney, VT 05346

**Intake Criteria:** Students must submit a psycho-educational evaluation current within 3 years, which includes a WISC-II and achievement testing. Students must submit a current IEP. Students are also required to submit a teacher recommendation, a principal/counselor recommendation, and a character recommendation. Lastly a formal application with \$75 application fee must be submitted

**Participants:** Males between ages of 10 and 13 with average to superior intelligence whose academic progress has been slow due to specific learning difficulties and need special help in reading, writing, spelling, or mathematics.

**Headmaster:** Stewart Miller

**Intake:** Stewart Miller

**Phone:** (802) 387-4545 **Fax:** (802) 387-5396 **Website:** [www.greenwood.org](http://www.greenwood.org)

**Email:** [smiller@greenwood.org](mailto:smiller@greenwood.org)

**Program Description:** The school is dedicated to empowering bright boys who have language-based learning difficulties with the skills and strategies necessary to bridge the gap between their outstanding promise and present abilities. The school helps students improve their weaknesses, appreciate their talents, develop self-advocacy skills, and discover their true potential. The 3-year pre-preparatory academic program includes science, history, art, literature, music, and athletics. The school helps students rediscover the correlation between effort and success.

**Average length of stay:** 1 – 3 years, depending on student

**Staff to student ratio:** 2:1

**Level of Security:** students are supervised; faculty live in dorms

**Referrals Statewide?** Yes. Students come from all over the USA, and there are a few international students.

Non-Residential Programs  
By County

Licensed capacity: 44; Contracted capacity: unknown

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**Healthcare & Rehabilitative Services of Southeastern Vermont**

56 Main Street  
Suite 212  
Springfield, VT 05156

107 Park Street  
Springfield, VT 05156

195 North Main Street  
White River Junction, VT 05001

51 Fairview Street  
Brattleboro, VT 05301

**Phone:**

Springfield: (802) 885-5781

White River Junction: (802) 295-3031

Brattleboro: (802)254-6028

**Fax:** (802) 896-9408

**Web:** [www.hcrs.org](http://www.hcrs.org) **e-mail:** [hcrs@vtaddictionservices.org](mailto:hcrs@vtaddictionservices.org)

**Program Description:**

**Alternative programs:** A short-term alternative to hospitalization, the Alternative Program provides crisis stabilization, respite, and support to clients with psychiatric disabilities or to any adult experiencing an acute mental health crisis. It also provides a transitional residence for those stepping down from an inpatient setting:

24 hour per day supervision in residential setting with overnight awake staff

Counseling

Individualized treatment planning

Monitoring and delivery of medications

Independent living and social skills teaching

Case management

Post-hospital step-down transitions skills

**Outpatient Mental health Services:**

**Outpatient Therapy** for individual adults and families is provided through office and community-based evaluations and assessments. The psychotherapists use a variety of approaches, including solution-focused, success-oriented treatment designed to minimize symptoms and help clients create a life worth living.

**Psychiatric Services** provided by a team of psychiatrists and psychiatric nurse practitioners include evaluations, medication management, and consultation to community providers.

**Walk-In Clinics** give clients the opportunity to receive support and counseling from mental health counselors on a first come, first serve basis-regardless of their ability to pay. Other services provided include consultations and referrals.

## Non-Residential Programs By County

**Interagency Community Support Team** offers a community-based approach to providing mental health services to adults 18 to 60 years of age who fail to meet the criteria for other state-funded programs. Staff members support clients' progress toward recovery and self-sufficiency through a continuum of services, including assessment and evaluation, supportive counseling, skills training, individual psychotherapy, and case management. The Interagency Community Support Team provides services to clients in their homes as well as at community centers, shelters, and primary care offices.

**Substance Abuse Services** are available to screen and evaluate clients for possible co-occurring substance abuse diagnoses. Integrated counseling and therapy are provided to help clients deal with substance abuse issues and addiction and to promote their recovery.

**Special Programs** addressing violence, anger management, women's issues, and depression also are offered.

**Elder care program:** provides mental health services to people 60 years of age and older who suffer from depression, anxiety, and other mental health problems. The Elder Care Program offers services that include assessments and evaluations, supportive counseling, social skills training, psychotherapy, psychiatric care, and outreach. Consultation services on mental health issues that challenge elders and their caregivers also are available.

### **Windham/Windsor recovery Assistance Program (WRAP):**

**Assessment:** This comprehensive evaluation will examine your current and past drug and/or alcohol use as well as other social, vocational, legal, and medical issues that need to be considered when developing a treatment plan. The assessment may include a urine screen.

**Outpatient treatment:** These individual, group, and family therapy sessions generally run from one to four hours per week and focus on helping participants learn and practice healthy new behaviors.

**Intensive Outpatient Treatment:** This group is similar to outpatient treatment but more intense. Meetings are held three times a week for six weeks.

**Adolescent Treatment:** For adolescents at any stage of use or abuse, services provided include screening, urine testing, assessment, individual, group, and family treatment, as well as adventure-based counseling. Family members and significant others are encouraged to be part of the treatment process.

**School-Based Services:** With a focus on substance abuse prevention and intervention, these services include screenings, evaluations, consultations, and Student Assistance Programs.

**Family Consultations:** For youth and families who have concerns about drug or alcohol problems in the family, consultations are available.

**CRASH Program:** This program serves individuals who require alcohol screening and education through the CRASH School due to a DOI or DWI charge in Vermont.

**Pharmacotherapy:** If, in addition to therapy, treatment with medication is required, the physician will work with you and your clinician to determine the best treatment for you.

**Community Consultations and Education:** master's level, certified and licensed clinicians provide professional consultations and education on drug and alcohol issues tailored to the specific needs of businesses, schools, colleges, hospitals, police, Diversion Boards, and other agencies.

## Non-Residential Programs By County

**Developmental Services:** provides services to people with developmental disabilities and their families. Services are available to people of all ages who have been found eligible, and each person being served receives an individually written program to meet his or her needs.

The goal of the DS is to maximize each individual's independence in their home and community. All people being served receive some level of case management, to establish their program and obtain necessary services. Services range from residential – including developmental homes, supervised apartments, and support in peoples' own homes – to day services, personal care, and vocational placement. Information and referral are always available. Ancillary services include psychiatric services and psychotherapy. To receive services is determined individually, based on Vermont Developmentally Disabled eligibility criteria. Costs are covered by Medicaid, State funding, and fees for service.

### **Community Rehabilitation & Treatment:**

**Psychiatric Services** include an evaluation and assessment of each client.

**Psychotherapy Services** are offered to individuals, couples, families, and groups, a CRT clinician is available to help people with character disorders develop the skills to regulate their emotions through Dialectical Behavioral Treatment (DBT).

**Case Management Services** help clients obtain benefits such as Social Security and Medicaid, rental subsidies, food stamps, and fuel as well as general assistance.

**Residential Services** include two therapeutic community residences where residents learn independent living and social skills in a behavioral setting. HCRS also maintains a four-bed crisis home that provides an alternative to hospitalization. Staff members coordinate with Shelter Plus Care, other federally funded housing programs, and providers of shelter for the homeless. Financial assistance for housing is available. Vocational Services help clients develop individual employment goals, determine their educational needs, and receive required job training

**Peer Support** is available through support groups and activities that permit clients to share their experiences and develop informal support networks.

**The Peer Warm Line** is an after-hours, non-crisis telephone line that serves as a resource to support clients' recovery from mental illness.

**Substance Abuse Services** are available to screen and evaluate clients for possible co-occurring substance abuse diagnoses.

### **Children's programs:**

**Children evaluation team and outpatient services:** offers outpatient services for children that include therapy, community outreach, after school and summer programs. Substance Abuse Services are available to screen and evaluate clients for possible co-occurring problems with substance abuse.

**Family advocates and case managers:** The staff members work on-site with parents to support them in a variety of ways.

**Children Upstream Services/ CUPS:** The goal of CUPS, is to help children 6 years of age or younger who have or are at risk for emotional and behavioral problems. In addition to helping parents cope with the challenges of caring for a youngster with special needs and obtain necessary services, CUPS provides consultation, support, and training to families and child care organizations..

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By County

**The Access Program** provides a range of crisis-related services to children and their families, including stabilization, assessment, referrals, and telephone support.

**Intensive Family-based services program (IFBS):** The staff of the Intensive Family-Based Services Program (IFBS) provide intensive, home-based intervention to parents whose children are at risk of being removed from their home because of abuse, neglect or severe emotional problems. The program's goal is to keep families together if possible.

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### **Kindle Farm School**

P.O. Box 393

Newfane, VT 05354

**Participants:** Children who experienced trauma or disruption in their lives.

**Director:** Bob Bursky

**Phone:** (802)365-7909 **Web:** [www.kindlefarm.org](http://www.kindlefarm.org) **e-mail:** [bbursky@kindlefarm.org](mailto:bbursky@kindlefarm.org)

**Program Description:** The children entering the Kindle Farm Program are individuals who experienced trauma or disruption in their lives that significantly impairs their participation in the regular public school system. They often have a mix of academic, social, emotional, and behavioral disabilities. Students often exhibit a negative sense of self and a lack of trust in other people and their surroundings. The program at Kindle Farm combines academics, therapeutic recreational activities, and traditional therapy to meet the student's needs. Kindle Farm maintains a student to staff ratio of 2 to 1 in order to provide a safe and stimulating environment for students' growth. That, through a combination of diverse activities and strong supervision and guidance, youth can discard old patterns and discover new ways to communicate, problem solve and learn more effectively. The environment:

1. Differs from a regular classroom by: Maintaining a student/staff ratio of two to one, Focusing on students individual behavioral and academic needs, Giving students direct feedback on their behaviors in a systematic and structured fashion.
2. Meets the needs of "at risk" students by: Providing individualized and small group instruction, minimizing classroom distractions and transitions, fostering leadership potential as opposed to focusing on their "at risk" behaviors, offering consistent encouragement, praise and concrete reinforcement.
3. Develops personal and public leadership skills which students can apply to their Academic, social and emotional needs. These skills will focus on enabling them to reintegrate into their schools, families, and home communities. Kindle Farm Children's Service, Inc. uses a combination of natural consequences, positive reinforcement, and cognitive-behavior problem solving to help students master the social/emotional difficulties they are struggling with. We attempt to avoid punitive discipline and view each interaction as a chance for a student to grow.

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### **N.E. Kurn Hattin Homes**

64 Mathey Road

PO Box 127

Westminster, VT 05158

**Intake Criteria:** Children who have been effected by tragedy and social or economic hardship make it impossible to stay at home. Children need to be within two years of grade level on

Non-Residential Programs  
By County

academic achievement tests, be potentially resilient and emotionally stable, able to maintain control over aggressive behavior and capable of functioning in a group living setting, and be without a serious learning disability.

**Participants:** Females and males, ages 6 through 15

**Director:** Chris Barry

**Intake:** Bill Scarlet

**Phone:** 722-3336 **Fax:** 722-3174 **Website:** <http://www.kurnhattin.org/index.html>

**e-mail:** [darlenep@sover.net](mailto:darlenep@sover.net)

**Program Description:** The program provides small classes, tutoring and individual educational plans, a variety of educational opportunities, farming practices, art, music, and sports programs, house parents who support and encourage the learning process, individual and group counseling, nursing services, frequent contact between families and their children and regular visits home for weekends and school vacations.

Students live in cottages with nine or ten others in their age group and one houseparent. Each cottage provides a comfortable family-style atmosphere with two or three children in a bedroom. House parents help provide the structure and support that each child needs to succeed.

**Average length of stay:** 3 to 5 years

**Staff to student ratio:** 70-94

**Level of Security:** Staff secured.

**Referrals Statewide?** Yes. Mostly parents, may be referred to parents by school/ counselors.

**Licensed capacity:** 105 beds. By 2007, will have put up a new cottage with a capacity for 11 additional students.

**Contracted capacity:** unknown

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## Oak Meadow High School

P.O. Box 1346

Brattleboro VT, 05302

P.O. Box 740

Putney VT, 05346

**Intake Criteria:** fill out application and send in money

**Participants:** males and females grades K-12.

**Phone:**

Brattleboro: (802) 251-7250

Putney: (802) 387-2021

**Fax:**

Brattleboro: (802) 251-7258

Putney: (802) 387-5108

**Web:** [www.oakmeadow.com](http://www.oakmeadow.com) **e-mail:** [info@oakmeadow.com](mailto:info@oakmeadow.com)

**Program Description:** an accredited distant learning school for students grade K-12. Oak meadow students complete their work at home, but send their work to qualified teachers for regular evaluation. These evaluations are kept in the child's cumulative records. Students can transfer these credits to high schools or use them to graduate from Oak Meadow High School and attend colleges and universities. Enrollment at Oak Meadow gives students the freedom to learn in their own way. There are three fees:

Non-Residential Programs  
By County

enrollment fee (\$425), curriculum fee (varies depending on the courses) and a teacher fee (\$315 per student per subject). Students can get an individual education program (IEP) developed to meet the student's needs. IEP's are appropriate for students whose levels are either above or below their grade level.

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### **The Winston Prouty Center**

Winston Prouty Center  
20 Winston Prouty Way  
Brattleboro, VT 05301

**Intake Criteria:**

**Participants:** girls and boys with special needs, ages newborn to 5 years old

**Director:** Chloe Learey

**Phone:** (802) 258-7852 **Fax:** (802) 258-2413 **Web:** [www.winstonprouty.org](http://www.winstonprouty.org)

**e-mail:** [wpcme@sover.net](mailto:wpcme@sover.net)

**Program Description:** provides early education and early intervention to young children birth to five years of age. The Center has 2 distinct yet connected children's programs.

**The Family Infant Toddler Program** provides regional early intervention services to families with children birth to age five who have a delay in development or a medical/genetic condition with a high probability of developmental delay. Services are provided in a setting of family choice (home, childcare, physicians office, playgroup.) families are connected with the support and resources needed to meet their child's unique needs through the development of an individualized family service plan (IFSP). Contact number is: 258-2414.

**The Early Learning Center** is an early care and education program with a focus on the integration of children with unique learning styles and abilities. The goal is to let children learn and build relationships with other children and adults.

**The Family Outreach Program**. This was brought about by alumni families asking for support after they left the Prouty Center . A program coordinator provides support as each family needs whether it be educational, medical or funding issues.

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### **Casey Family Services**

160 Palmer Court  
White River Junction, VT 05001  
**Phone:** (802)649-1400, (800)607-1400  
**Fax:** (802)649-2351

**Web:** <http://www.caseyfamilyservices.org/index.php/ourdivisions/vermont/>



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**Participants:**

**Director:** Nita Lescher

**Phone:** (802) 649-1400 **Fax:** (802) 649-2351 **Website:** [www.vtaddictionservices.org](http://www.vtaddictionservices.org)

**Email:** [mvtc@vtaddictionservices.org](mailto:mvtc@vtaddictionservices.org)

**Program Description:** Casey Family Services is a fully licensed and accredited private, nonprofit child welfare agency providing a broad range of programs to meet the changing needs of children and families. Casey family services offers foster care services and support throughout the northeast and in Maryland. The program is part of a comprehensive continuum of permanency services including family preservation, family reunification and pre/post-adoptive services.

**Family advocacy & support services**—designed to assist families who are experiencing difficulties that could either lead to family disruption or serve as a barrier to reunification. This program works with families and children under 18. This program offers consultation with families, providers and teams, coordinating existing services, connecting families with other services or agencies, short term individual or family counseling, advocating on behalf of families with DCF, schools, mental health and other agencies, developing concrete goals and providing a wide range of direct services. Contact Brian Southworth at 1-800-244-1408 ext. 704.

**Post adoption services**—deals with issues such as parenting special needs children, birth family issues, developmental stages of children, adolescents transitioning to young adulthood, school issues, training on adoption and attachment issues. Contact Sharon Goedkoop at 1-800-607-1400 or 1 (802) 649-1400.

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**Clara Martin Center**

11 Main Street

Box G

Randolph, VT 05060

34 Wilder Street

P.O. Box 816

Wilder, VT 05088

**Intake Criteria:**

**Participants:** anyone with or concerned with alcohol problem.

**Phone:** (802) 728-4466 and 295-1311 24 hour emergency: 1-800-639-6360

**Fax:** (802) 728-4197 and 295-1312

**e-mail:** [cmc@vtaddictionservices.org](mailto:cmc@vtaddictionservices.org)

**Program Description:** provides screening, evaluation, counseling, therapy and other referral services for individuals or families with a problem stemming from the use or abuse of alcohol or drugs. Available to anyone who is affected by or concerned about his/her own or another individual's use of alcohol or drugs.

**Access Program and Emergency Services:** provides screening, referrals, walk-in and emergency services to all individuals, couples and families who contact or are referred to the agency. Transitional services are also provided 24 hours a day. Anyone is eligible.

**Adult Outpatient Program:** assessment, individual therapy, family therapy, couples therapy, psychiatric evaluation, medication review and monitoring. Person must be 18 or

Non-Residential Programs  
By County

older, have an axis I or II diagnosis, have some ability to pay for therapy or medication, must live in service delivery area to be eligible for sliding fee scale.

**Alcohol and other drug Program:** offers assessment and referral to appropriate level of care, outpatient services such as individual, group, and family therapy, after care services, quitting time—intensive outpatient program, student assistant programs, psychiatric evaluations, medication review and monitoring, psycho-educational groups, facilitating interventions, CRASH, corrections consultant, education, consultation on schools, domestic violence treatment, emergency services and case management. Criteria is determined by ASAM placement criteria.

**Child and Family Program:** offers clinical based, school based and community based counseling, in home family support, parent education, family advocacy, case management, psychiatric evaluations, medication review and monitoring, home school coordination, emotional/behavioral support services to local schools, therapeutic adventure services, access services to care coordination and planning, emergency services, runaway and homeless youth services and respite. All children ages birth to 18 are eligible. Persons 18-22 are eligible as long as they are in school.

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**Families First**

P.O. Box 939

Wilmington, VT 05363

**Participants:** Provides developmental services

**Phone:** (802) 464-9633

**Fax:** (802) 464-9633

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**Good Beginnings**

472 Route 14

White River Junction, VT 05001

**Phone:** (802) 295-9076

1406 West Hill Road

Northfield, VT 05663

**Phone:** (802) 485-8430

**Participants:** First-time and experienced parents, mothers or expectant mothers on bedrest, families with multiple births, adoptive families, families off-balance from sleepless nights, families stressed by poverty or illness, families of all income levels

**Executive Director:** Ann Bradley

**Web:** [www.goodbeginnings.net/satellites.html](http://www.goodbeginnings.net/satellites.html) **e-mail:** [snevin@nfld.tds.net](mailto:snevin@nfld.tds.net)

**Program Description:** Good Beginnings matches a trained volunteer with a family for a period of at least three months. Each week the volunteer comes to the family's home for a few hours to offer help wherever it is needed: providing a supportive friend during this special, time answering questions, respite child care, providing transportation, preparing meals, doing light chores, running errands

Non-Residential Programs  
By County

**Hartford Area Career and Technology Center**

1 Gifford Road

White River Junction, VT 05001

**Director:** Michael P. Redington

**Phone:** (802) 295-8630 **Fax:** (802) 295-8631

**Web:**

<http://www.hartfordschools.net/Schools/HACTC/FacultyandStaffDirectory/tabid/227/Default.aspx>

**x e-mail:** hactc@hartfordsd.com

**Program Description:** The Hartford Career & Technology Center offers:

career cluster model

college course work through CCV and NHCTC-Claremont

career portfolio and resume development

career and technology instruction, providing 2-3 high school credits per year in sixteen program

electives: Administrative and information technology, allied medical services, auto technology,

building trades, career & technology exploration, collision repair & finishing, computer

technology applications, cooperative education, cosmetology, culinary arts,

engineering/architectural design, finance & business management, graphic design & printing

production, human services, natural resources, and videography.

leadership development clubs: DECA, FFA, FBLA, SKILLS USA, HOSA

college preparatory course work

college articulation agreements

embedded academic credit toward high graduation in math, science, English, and social studies

national technical honor society

interest-free Witherell loans up to \$4,000 per year towards an Associates/Bachelor degree at

vocational, technical, two and four year colleges

The business advantage: a step ahead business academy

Paid co-op work experiences

Foundation skills

Accredited by the New England Association of Schools and Colleges

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**Healthcare & Rehabilitative Services of Southeastern Vermont**

56 Main Street

Suite 212

Springfield, VT 05156

107 Park Street

Springfield, VT 05156

195 North Main Street

White River Junction, VT 05001

51 Fairview Street

Brattleboro, VT 05301

**Phone:**

Springfield: (802) 885-5781

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White River Junction: (802) 295-3031

Brattleboro: (802)254-6028

**Fax:** (802) 896-9408

**Web:** [www.hcrs.org](http://www.hcrs.org) **e-mail:** [hcrs@vtaddictionservices.org](mailto:hcrs@vtaddictionservices.org)

**Program Description:**

**Alternative programs:** A short-term alternative to hospitalization, the Alternative Program provides crisis stabilization, respite, and support to clients with psychiatric disabilities or to any adult experiencing an acute mental health crisis. It also provides a transitional residence for those stepping down from an inpatient setting.

24 hour per day supervision in residential setting with overnight awake staff

Counseling

Individualized treatment planning

Monitoring and delivery of medications

Independent living and social skills teaching

Case management

Post-hospital step-down transitions skills

**Outpatient Mental health Services:**

**Outpatient Therapy** for individual adults and families is provided through office and community-based evaluations and assessments. The psychotherapists use a variety of approaches, including solution-focused, success-oriented treatment designed to minimize symptoms and help clients create a life worth living.

**Psychiatric Services** provided by a team of psychiatrists and psychiatric nurse practitioners include evaluations, medication management, and consultation to community providers.

**Walk-In Clinics** give clients the opportunity to receive support and counseling from mental health counselors on a first come, first serve basis-regardless of their ability to pay. Other services provided include consultations and referrals.

**Interagency Community Support Team** offers a community-based approach to providing mental health services to adults 18 to 60 years of age who fail to meet the criteria for other state-funded programs. Staff members support clients' progress toward recovery and self-sufficiency through a continuum of services, including assessment and evaluation, supportive counseling, skills training, individual psychotherapy, and case management. The Interagency Community Support Team provides services to clients in their homes as well as at community centers, shelters, and primary care offices.

**Substance Abuse Services** are available to screen and evaluate clients for possible co-occurring substance abuse diagnoses. Integrated counseling and therapy are provided to help clients deal with substance abuse issues and addiction and to promote their recovery.

**Special Programs** addressing violence, anger management, women's issues, and depression also are offered.

**Elder care program:** provides mental health services to people 60 years of age and older who suffer from depression, anxiety, and other mental health problems. The Elder Care Program offers services that include assessments and evaluations, supportive counseling, social skills training, psychotherapy, psychiatric care, and outreach. Consultation services on mental health issues that challenge elders and their caregivers also are available.

Non-Residential Programs  
By County

**Windham/Windsor recovery Assistance Program (WRAP):**

**Assessment:** This comprehensive evaluation will examine your current and past drug and/or alcohol use as well as other social, vocational, legal, and medical issues that need to be considered when developing a treatment plan. The assessment may include a urine screen.

**Outpatient treatment:** These individual, group, and family therapy sessions generally run from one to four hours per week and focus on helping participants learn and practice healthy new behaviors.

**Intensive Outpatient Treatment:** This group is similar to outpatient treatment but more intense. Meetings are held three times a week for six weeks.

**Adolescent Treatment:** For adolescents at any stage of use or abuse, services provided include screening, urine testing, assessment, individual, group, and family treatment, as well as adventure-based counseling. Family members and significant others are encouraged to be part of the treatment process.

**School-Based Services:** With a focus on substance abuse prevention and intervention, these services include screenings, evaluations, consultations, and Student Assistance Programs.

**Family Consultations:** For youth and families who have concerns about drug or alcohol problems in the family, consultations are available.

**CRASH Program:** This program serves individuals who require alcohol screening and education through the CRASH School due to a DOI or DWI charge in Vermont.

**Pharmacotherapy:** If, in addition to therapy, treatment with medication is required, the physician will work with you and your clinician to determine the best treatment for you.

**Community Consultations and Education:** master's level, certified and licensed clinicians provide professional consultations and education on drug and alcohol issues tailored to the specific needs of businesses, schools, colleges, hospitals, police, Diversion Boards, and other agencies.

**Developmental Services:** provides services to people with developmental disabilities and their families. Services are available to people of all ages who have been found eligible, and each person being served receives an individually written program to meet his or her needs.

The goal of the DS is to maximize each individual's independence in their home and community. All people being served receive some level of case management, to establish their program and obtain necessary services. Services range from residential – including developmental homes, supervised apartments, and support in peoples' own homes – to day services, personal care, and vocational placement. Information and referral are always available. Ancillary services include psychiatric services and psychotherapy. To receive services is determined individually, based on Vermont Developmentally Disabled eligibility criteria. Costs are covered by Medicaid, State funding, and fees for service.

## Non-Residential Programs By County

### **Community Rehabilitation & Treatment:**

**Psychiatric Services** include an evaluation and assessment of each client.

**Psychotherapy Services** are offered to individuals, couples, families, and groups, a CRT clinician is available to help people with character disorders develop the skills to regulate their emotions through Dialectical Behavioral Treatment (DBT).

**Case Management Services** help clients obtain benefits such as Social Security and Medicaid, rental subsidies, food stamps, and fuel as well as general assistance.

**Residential Services** include two therapeutic community residences where residents learn independent living and social skills in a behavioral setting. HCRS also maintains a four-bed crisis home that provides an alternative to hospitalization. Staff members coordinate with Shelter Plus Care, other federally funded housing programs, and providers of shelter for the homeless. Financial assistance for housing is available. Vocational Services help clients develop individual employment goals, determine their educational needs, and receive required job training

**Peer Support** is available through support groups and activities that permit clients to share their experiences and develop informal support networks.

**The Peer Warm Line** is an after-hours, non-crisis telephone line that serves as a resource to support clients' recovery from mental illness.

**Substance Abuse Services** are available to screen and evaluate clients for possible co-occurring substance abuse diagnoses.

### **Children's programs:**

**Children evaluation team and outpatient services:** offers outpatient services for children that include therapy, community outreach, after school and summer programs. Substance Abuse Services are available to screen and evaluate clients for possible co-occurring problems with substance abuse.

**Family advocates and case managers:** The staff members work on-site with parents to support them in a variety of ways.

**Children Upstream Services/ CUPS:** The goal of CUPS, is to help children 6 years of age or younger who have or are at risk for emotional and behavioral problems. In addition to helping parents cope with the challenges of caring for a youngster with special needs and obtain necessary services, CUPS provides consultation, support, and training to families and child care organizations..

**The Access Program** provides a range of crisis-related services to children and their families, including stabilization, assessment, referrals, and telephone support.

**Intensive Family-based services program (IFBS):** The staff of the Intensive Family-Based Services Program (IFBS) provide intensive, home-based intervention to parents whose children are at risk of being removed from their home because of abuse, neglect or severe emotional problems. The program's goal is to keep families together if possible.

Non-Residential Programs  
By County

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**Lincoln Street, Inc.**

P.O. Box 678  
100 River Street  
Suite 217  
Springfield, VT 05156

**Participants:** Provides developmental services

**Phone:** (802) 885-9533 or 800-545-9533

**Program Description:** is a small nonprofit agency that provides services and opportunity to children and adults with developmental disabilities. Lincoln street provides service coordination, family support, shared living arrangements, residential crisis services, respite support, community supports, employment supports, personal care services, medical coordination, psychiatric services, medical in-service training, and financial management.

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**New Beginnings**

12 Valley Street  
Springfield, VT 05156

**Phone:** (802) 885-2050 **Fax:** (802) 885-2368 **e-mail:** [newbeg@vermontel.com](mailto:newbeg@vermontel.com)

**Program Description:** New Beginnings provides services for victims of sexual and domestic assault in the community. Services are individual and free of charge. It provides 24 hour emergency hotline, on-site crisis intervention at local hospitals and police stations, safe emergency housing, assistance with temporary restraining orders, weekly peer support group and individual counseling, legal referrals, advocacy in the court system, on-going education and prevention programs in schools and communities.

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**Springfield Area Parent Child Center**

2 Main Street  
N. Springfield, VT 05150

19 U.S. Route 5 South  
Norwich, VT 05055

**Coordinator:** Sherry Hagt

**Phone:** (802) 886-5242 and 649-3268 **Fax:** (802) 886-2007 **e-mail:** [lfcfitp@yahoo.com](mailto:lfcfitp@yahoo.com)

**Program Description:**

**Family, Infant & Toddler Project:** provides regional early intervention services to families with children birth to age three who have a delay in development or a medical/genetic condition with a high probability of developmental delay. Services are

Non-Residential Programs  
By County

provided in a setting of family choice (home, childcare, physicians office, playgroup.) families are connected with the support and resources needed to meet their child's unique needs through the development of an individualized family service plan (IFSP).

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**Springfield Counseling**

P.O. Box 280  
Springfield, VT 05156  
**Administrator:** Ron Treem  
**Phone:** (802) 885-1904  
**e-mail:** [sc@vtaddictionservices.org](mailto:sc@vtaddictionservices.org)

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**Springfield Even Start Program**

Springfield Area Parent Child Center  
2 Main Street  
North Springfield, VT 05150  
**Coordinator:** Gladys Collins  
**Phone:** (802) 86-5242  
**e-mail:** [gladys@vermontel.net](mailto:gladys@vermontel.net)

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**The Family Place**

319 U.S. Route 5 South  
Norwich, VT 05055  
**Phone:** (802) 649-3268  
**Web:** [www.the-family-place.org](http://www.the-family-place.org)  
**e-mail:** [info@the-family-place.org](mailto:info@the-family-place.org)

**Program Description:**

**Playgroups:** provides weekly gatherings for parents and children birth to age five. Playgroups offer networking for parents.

**Parent education and support groups:** parenting classes, workshops, special presentations and support groups are offered. Topics include child development, discipline, early literacy, single parenting, and family life.

**Home visits:** offers counseling, child development skills, health and nutrition education and referral services for families with young children seeking information on parenting, all families with newborns, families with infants birth to one year, families making successful transition from welfare dependency to self sufficiency and families involved with child –protective services needing assistance staying together.

**Assistance with child care costs:** assists eligible families with payment for childcare.

**Information, referral and lending library:** provides information on statewide resources and offers parenting materials at lending library.

**Family fun event:** provides opportunity for families to socialize and enjoy each others company without the stress of planning and paying for an outing.

**Child advocacy center:** provides an interview room and playroom used by investigators and clinicians helping child victims of abuse.



## **Family, Infant & Toddler Project**

The Family Place  
319 U.S. Route 5 South  
Norwich, VT 05055

**Coordinator:** Elaine Guenet & Linda James

**Phone:** (802) 649-3268 **Fax:** (802) 649-3270 **e-mail:** [elaineg@the-family-place.org](mailto:elaineg@the-family-place.org)

### **Program Description:**

provides regional early intervention services to families with children birth to age three who have a delay in development or a medical/genetic condition with a high probability of developmental delay. Services are provided in a setting of family choice (home, childcare, physicians office, playgroup.) families are connected with the support and resources needed to meet their child's unique needs through the development of an individualized family service plan (IFSP).

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## **Upper Valley Waldorf School**

80 Bluff Road

P.O. Box 709

Quechee, VT. 05059

**Phone:** (802) 296-2496 **Fax:** (802) 296-5075 **Web:** [www.uvws.org](http://www.uvws.org)

**e-mail:** [uvws@valley.net](mailto:uvws@valley.net)

**Program Description:** is a nondenominational pre-kindergarten through eighth grade school. It is based on the educational contributions of Rudolph Steiner. Classical education integrates rigorous academics with the arts and music.

**Early Childhood Program:** the curriculum is based on a daily rhythm of healthy movement and activity, practical skills, handwork, woodworking, gardening, speech, and language development, singing, traditional circle games, and story telling.

**Grades One through eight:** the curriculum is carefully designed to bring academic subjects at a time and in a manner best suited to the child's natural stages of development. The main lesson subjects include English, grammar, math, history, literature, geography and science. Language, physical education, studio art, orchestral music, choral singing and hand work are taught for the second half of the day.

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## **Vermont Children's Aid Society**

79 Weaver Street

P.O. Box 127

Winooski, VT 05404

32 Pleasant Street

Woodstock, VT 05091

(802) 457-3084

Non-Residential Programs  
By County

Bennington: 1-800-479-0015

**Birth Parent Counseling Program:** parent involved in court case and considering termination of parental rights.

**Expectant Parent Adoption Planning Service:** considering adoption

Pregnancies Counseling Service: unplanned pregnancy and want to explore options available.

**Child & Family Counseling Service:** family facing issues of transition such as foster care,

**Adoption Placement Services:** adopting a child.

**Participants:** children & parents

**Executive Director:** Denise Nagelschmidt

**Phone:** (802) 655-0006 **Web:** [www.vtcas.org](http://www.vtcas.org)

**e-mail:** Winooski: [mainadmn@vtcas.org](mailto:mainadmn@vtcas.org)

Woodstock: [vtcaswdstk@aol.com](mailto:vtcaswdstk@aol.com)

**Program Description:** Child and family counseling, pregnancy and birthparent counseling, adoption placement services, and lifetime post adoption services.

**Birth Parent Counseling Program (BPCP)-** for parents involved in a court case that may consider termination of their parental rights. Provides counseling, help and support for the decision. Goals are to help parents identify, focus and communicate with people involved with their children. BPCP is covered by most insurance policies, including Medicaid.

**Expectant Parent Adoption Planning Services (EPAPS)-** for people considering adoption. VCAS helps selecting and meeting adoptive parents, ongoing letter and picture exchange, assistance with medical and related expenses, ongoing counseling, office or home-based services, accepts all insurance, including Medicaid.

**Pregnancies Counseling Services-** VCAS provides information to help people dealing with unplanned pregnancy decide what is best for them. Counseling, referrals and resource information and follow up support services available. Excepts most insurance policies including Medicaid.

**Child & Family Counseling Services-** strengthen family relationships, improve family communication, enhance parenting skills, help families deal with trauma and help children and families adjust to life changes such as behavioral problems, childhood trauma, abuse, death, divorce and remarriage. VCAS accepts most insurances and Medicaid. Sliding fee available to families without insurance

**Adoption Placement Services**—domestic and international adoption, home studies, finalization and post placement services such as counseling, education and advocacy before, during and after an adoption. Prospective adoptive parents pay a sliding scale fee for adoption services based on income.

**Camp for Me-**free summer day camp for adopted children 7-12 years old. Leadership training for teens 13-18 years old. Activities such as theater, arts and crafts, swimming, rope course, climbing wall, games, friendship.

**Operation Santa Claus-**select and fulfill a child's wish list or donate toys, goods, time, financial donations.

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## Windsor County Partners Child/Adult Partnership

P.O. Box 101

Windsor, VT 05089

**Phone:** (800) 491-5101 or 800-491-5101 **Web:** [www.windsorcountypartners.org](http://www.windsorcountypartners.org)

Non-Residential Programs  
By County

**e-mail:** [Windsor.county.partners@valley.net](mailto:Windsor.county.partners@valley.net)

**Program Description:** creates and sustains partnerships that pair troubled young people with trusted, adult friends, providing opportunities for fun, increased self-esteem and a chance to maximize potential. Enlisted adult volunteers are partnered with a young person who has compatible interests and temperament and who lives reasonably nearby.

\*\*All of the information above is taken directly from the program websites, brochures and packets.